



# سلسله سوم در تغذیه طیور

Speaker: M. Zaghari  
Available at [www.minatoyoor.com](http://www.minatoyoor.com)

# Periodic Table of Elements

The image displays a comprehensive periodic table of elements, color-coded by groups. A legend in the upper center defines the color coding: Alkali Metal (red), Alkaline Earth Metal (orange), Transition Metal (yellow), Post-Transition Metal (light yellow), Metalloid (green), Polyatomic Nonmetal (teal), Diatomic Nonmetal (blue), Noble Gas (purple), Lanthanide (brown), and Actinide (grey). A callout box on the left highlights the element Hydrogen (H) with its atomic number (1.008), atomic weight (1), symbol (H), and name (Hydrogen). The table includes elements from Hydrogen (1) to Oganesson (118), with the Lanthanide and Actinide series shown separately at the bottom. The element Selenium (Se) is highlighted with a red border.

1	2																	18	19	20	
H	He																	Ar	K	Ca	
Hydrogen	Helium																	Argon	Potassium	Calcium	
3	4																	17	18	19	20
Li	Be																	Cl	Ar	K	Ca
Lithium	Beryllium																	Chlorine	Argon	Potassium	Calcium
11	12																	17	18	19	20
Na	Mg																	Cl	Ar	K	Ca
Sodium	Magnesium																	Chlorine	Argon	Potassium	Calcium
21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38				
Sc	Ti	V	Cr	Mn	Fe	Co	Ni	Cu	Zn	Ga	Ge	As	Se	Br	Kr	Rb	Sr				
Scandium	Titanium	Vanadium	Chromium	Manganese	Iron	Cobalt	Nickel	Copper	Zinc	Gallium	Germanium	Arsenic	Selenium	Bromine	Krypton	Rubidium	Strontium				
39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56				
Y	Zr	Nb	Mo	Tc	Ru	Rh	Pd	Ag	Cd	In	Sn	Sb	Te	I	Xe	Cs	Ba				
Yttrium	Zirconium	Niobium	Molybdenum	Technetium	Ruthenium	Rhodium	Palladium	Silver	Cadmium	Indium	Tin	Antimony	Tellurium	Iodine	Xenon	Cesium	Barium				
57-71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88				
	Hf	Ta	W	Re	Os	Ir	Pt	Au	Hg	Tl	Pb	Bi	Po	At	Rn	Fr	Ra				
	Hafnium	Tantalum	Tungsten	Rhenium	Osmium	Iridium	Platinum	Gold	Mercury	Thallium	Lead	Bismuth	Polonium	Astatine	Radon	Francium	Radium				
89-103	104	105	106	107	108	109	110	111	112	113	114	115	116	117	118						
	Rf	Db	Sg	Bh	Hs	Mt	Ds	Rg	Cn	Uut	Fl	Uup	Lv	Uus	Uuo						
	Rutherfordium	Dubnium	Seaborgium	Bohrium	Hassium	Mitnerium	Darmstadtium	Roentgenium	Copernicium	Ununtrium	Flerovium	Ununpentium	Ununseptium	Ununoctium							
Lanthanide Series	La	Ce	Pr	Nd	Pm	Sm	Eu	Gd	Tb	Dy	Ho	Er	Tm	Yb	Lu						
	Lanthanum	Cerium	Praseodymium	Neodymium	Promethium	Samarium	Europium	Gadolinium	Terbium	Dysprosium	Holmium	Erbium	Thulium	Ytterbium	Lutetium						
Actinide Series	Ac	Th	Pa	U	Np	Pu	Am	Cm	Bk	Cf	Es	Fm	Md	No	Lr						
	Actinium	Thorium	Protactinium	Uranium	Neptunium	Plutonium	Americium	Curium	Berkelium	Californium	Einsteinium	Fermium	Mendelevium	Nobelium	Livermorium						







Jöns Jacob Berzelius (1779–1848)

<b>Born</b>	20 August 1779 Väversunda, Östergötland, Sweden
<b>Died</b>	7 August 1848 (aged 68) Stockholm, Sweden
<b>Nationality</b>	Sweden
<b>Alma mater</b>	Uppsala University
<b>Known for</b>	Atomic weights Chemical notation catalysis Silicon Selenium Thorium Cerium
<b>Awards</b>	Copley medal (1836)
<b>Scientific career</b>	
<b>Fields</b>	Chemistry
<b>Institutions</b>	Karolinska Institute
<b>Doctoral advisor</b>	Johann Afzelius
<b>Doctoral students</b>	James Finlay Weir Johnston Heinrich Rose









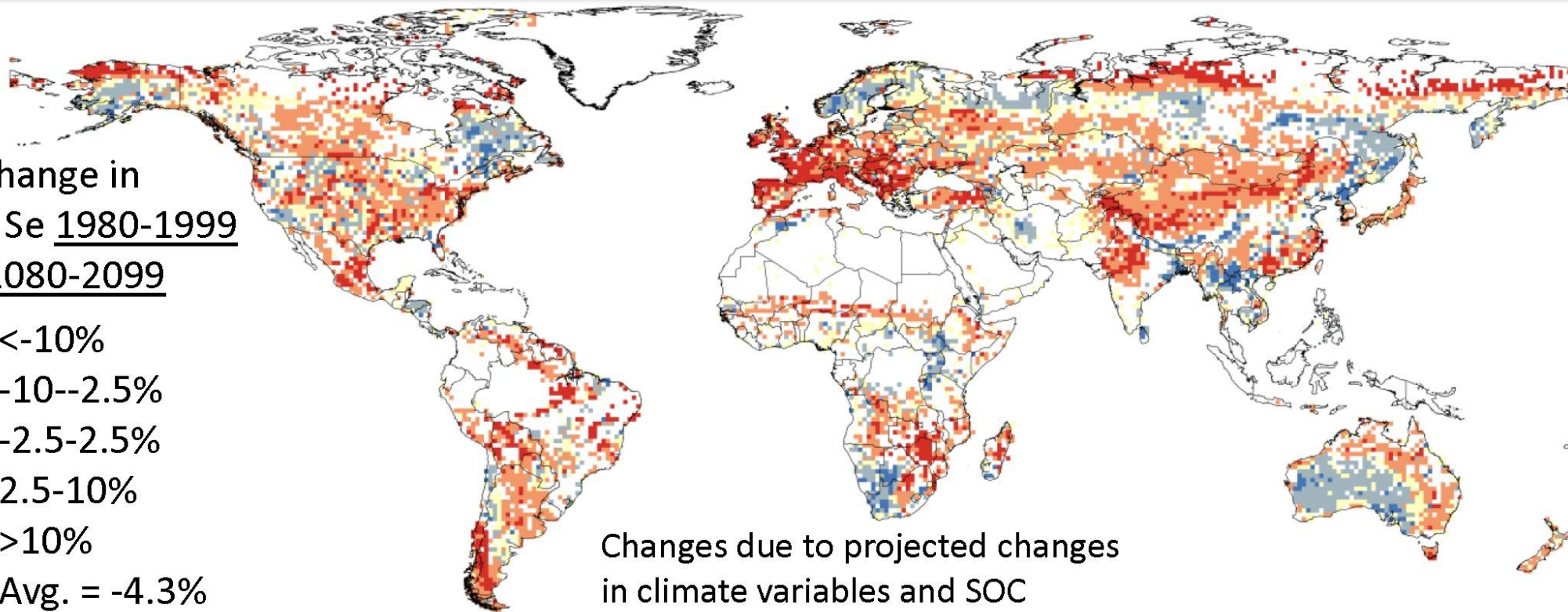




% change in  
soil Se 1980-1999  
to 2080-2099

- <-10%
- -10--2.5%
- -2.5-2.5%
- 2.5-10%
- >10%

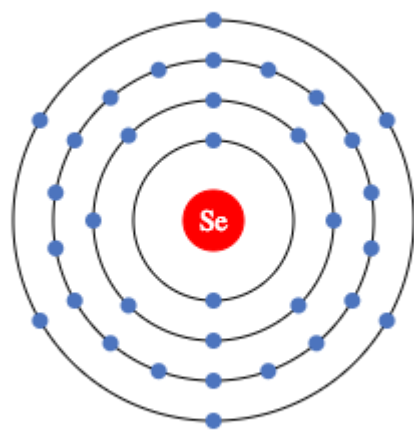
Avg. = -4.3%



Changes due to projected changes  
in climate variables and SOC

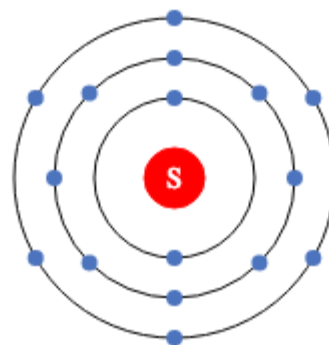


34: Selenium



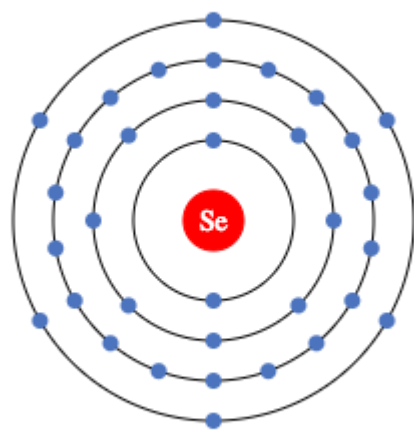
[2, 8, 18, 6]

16: Sulfur



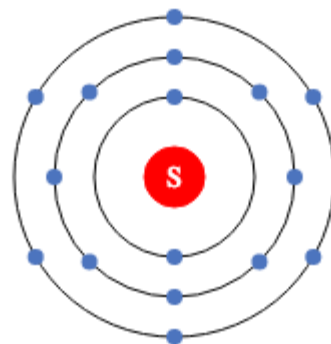
[2, 8, 6]

34: Selenium



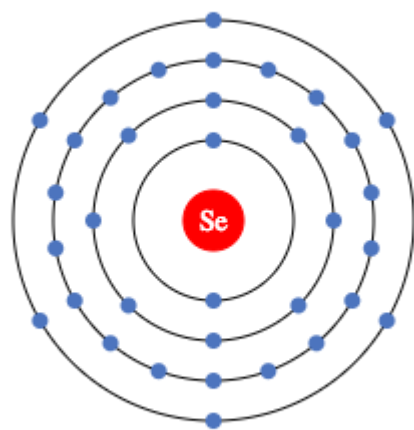
[2, 8, 18, 6]

16: Sulfur



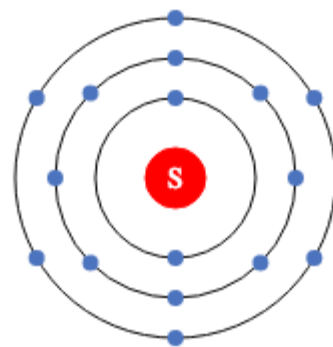
[2, 8, 6]

34: Selenium



[2, 8, 18, 6]

16: Sulfur

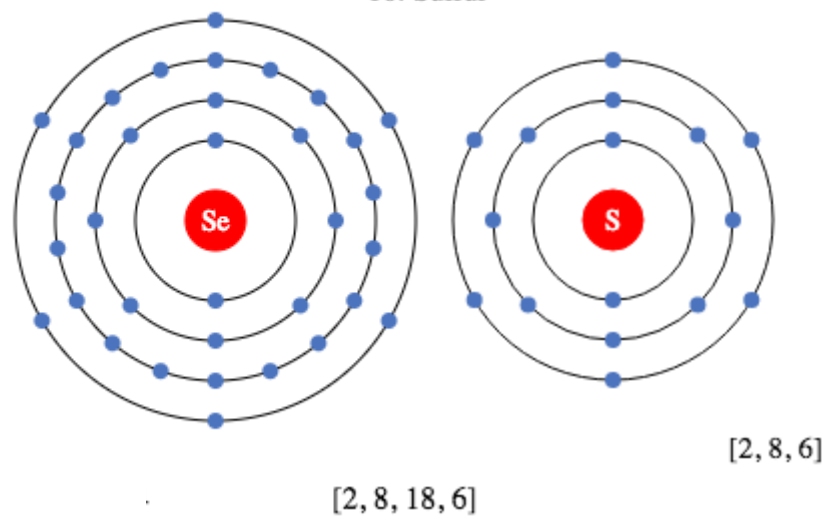


[2, 8, 6]



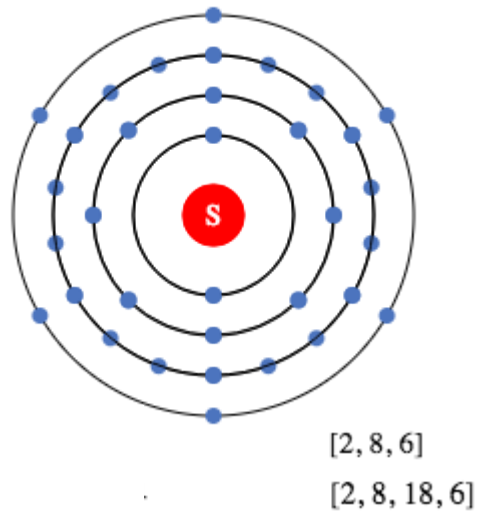
34: Selenium

16: Sulfur



34: Selenium

16: Sulfur





The discovery of Se essentiality in early 1960s.



The discovery in 1973 that glutathione peroxidase is a selenoprotein.



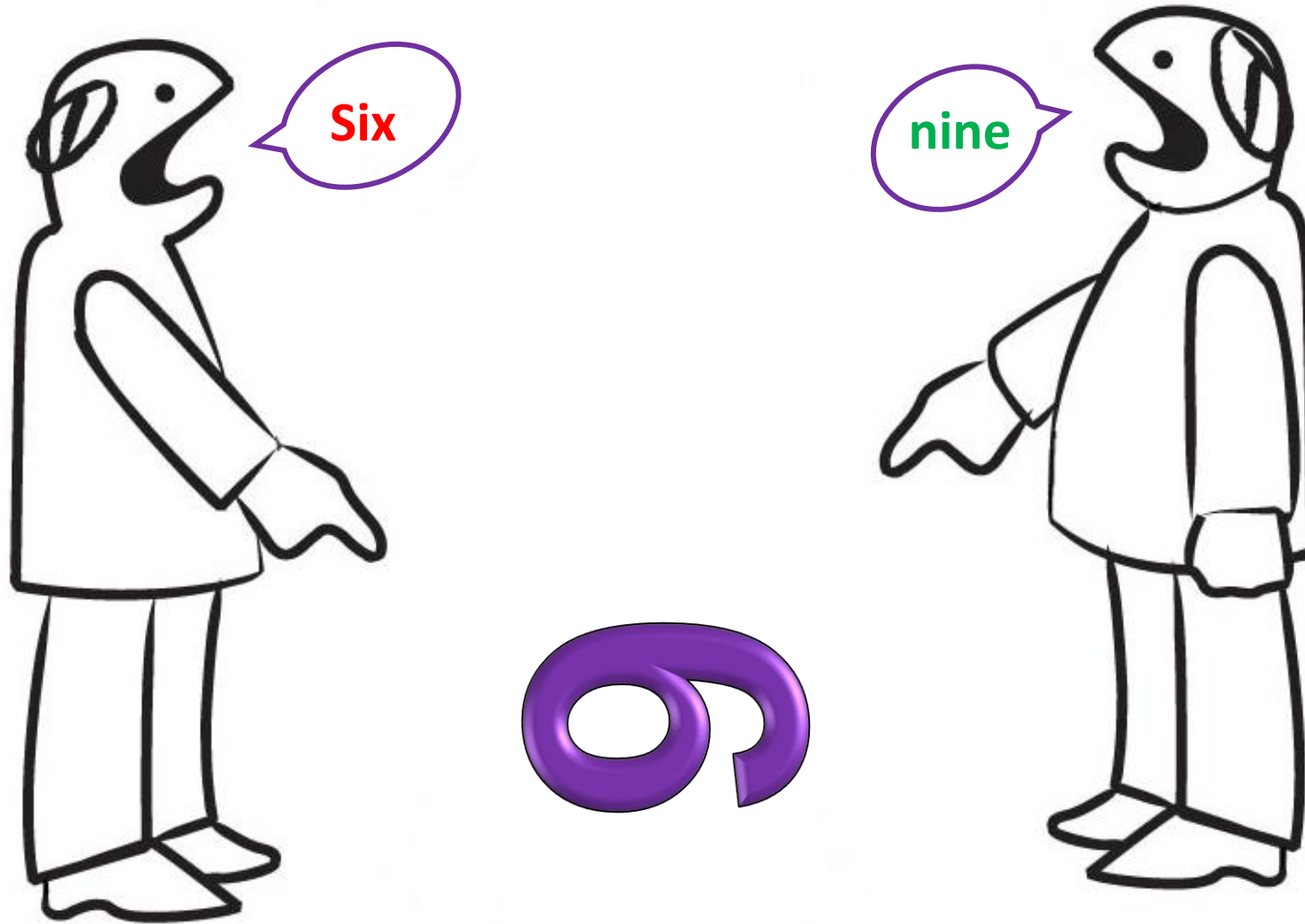
Characterisation of main selenoproteins in nutrition and health in 2003.

## New insight

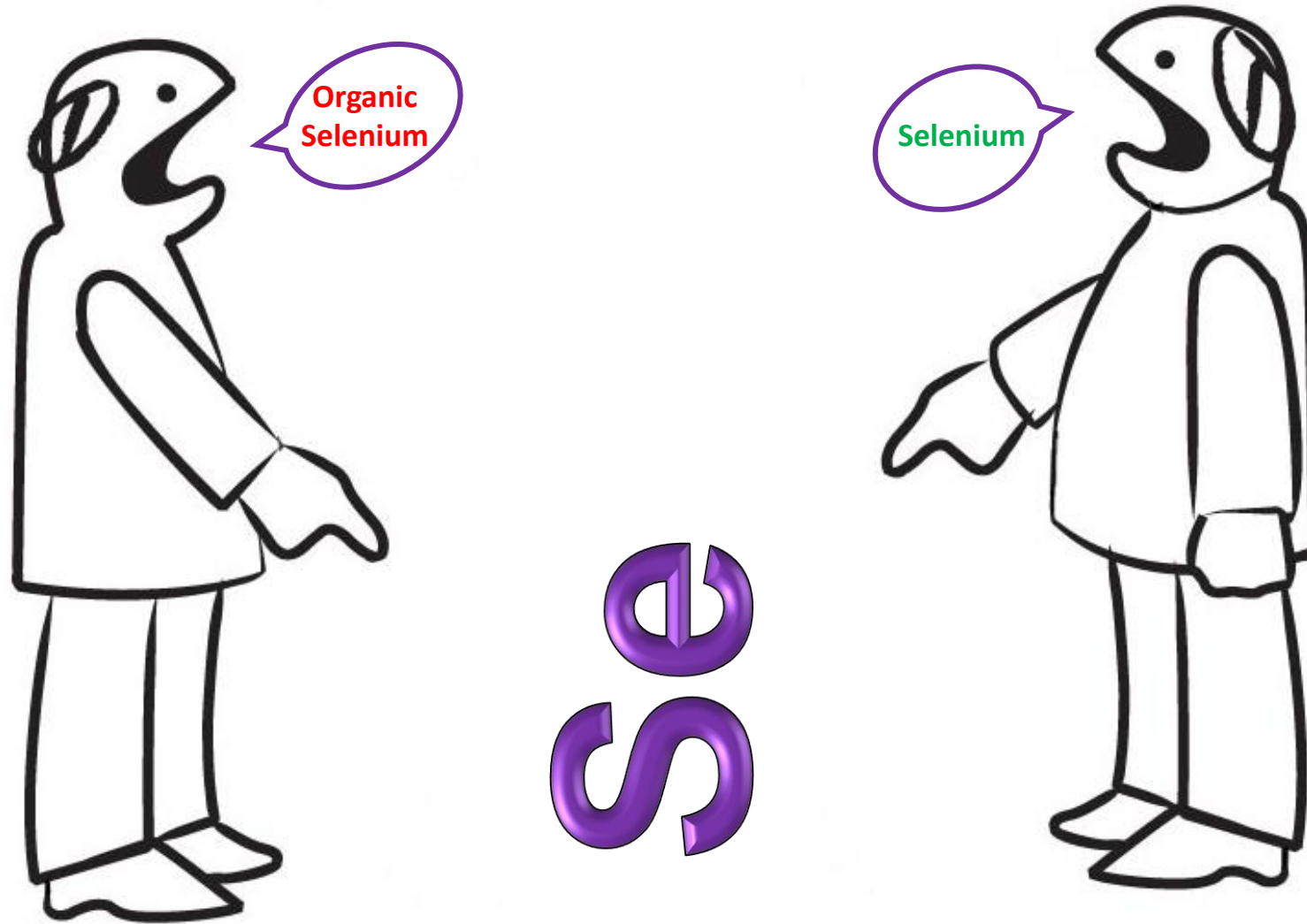
The role of free radicals as signalling molecules, understanding the role of nutrients in gene expression and maternal programming, tremendous progress in human and animal genome.



# What is this?

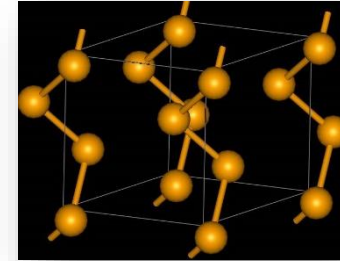


# What is this?



## Elemental selenium

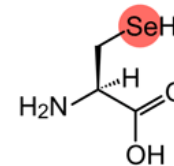
Se<sup>0</sup>



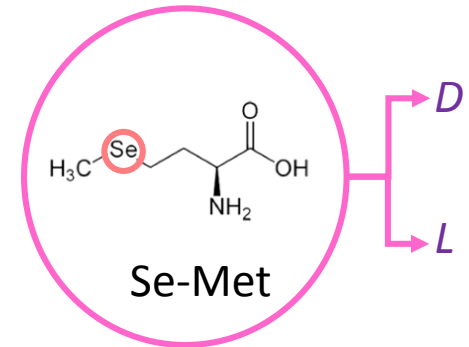
## Inorganic selenium compounds

Selenite (SeO<sub>3</sub><sup>2-</sup>), Selenate (SeO<sub>4</sub><sup>2-</sup>), Selenide (Se<sup>2-</sup>)

## Organic selenium compounds

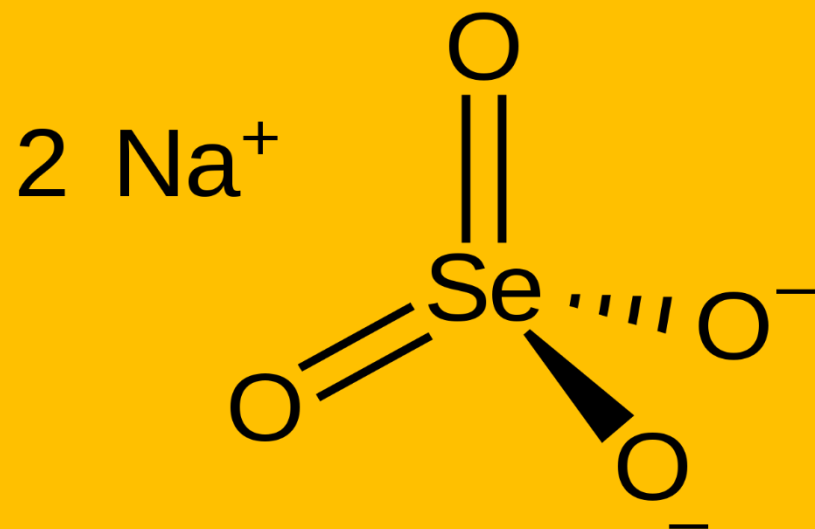


Se-Cys

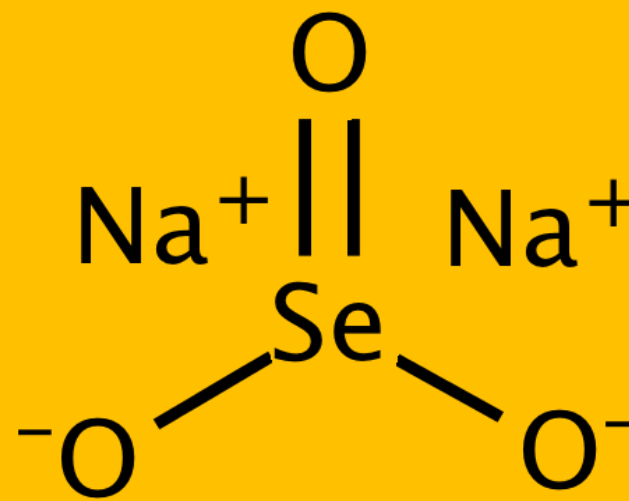


Se-Met





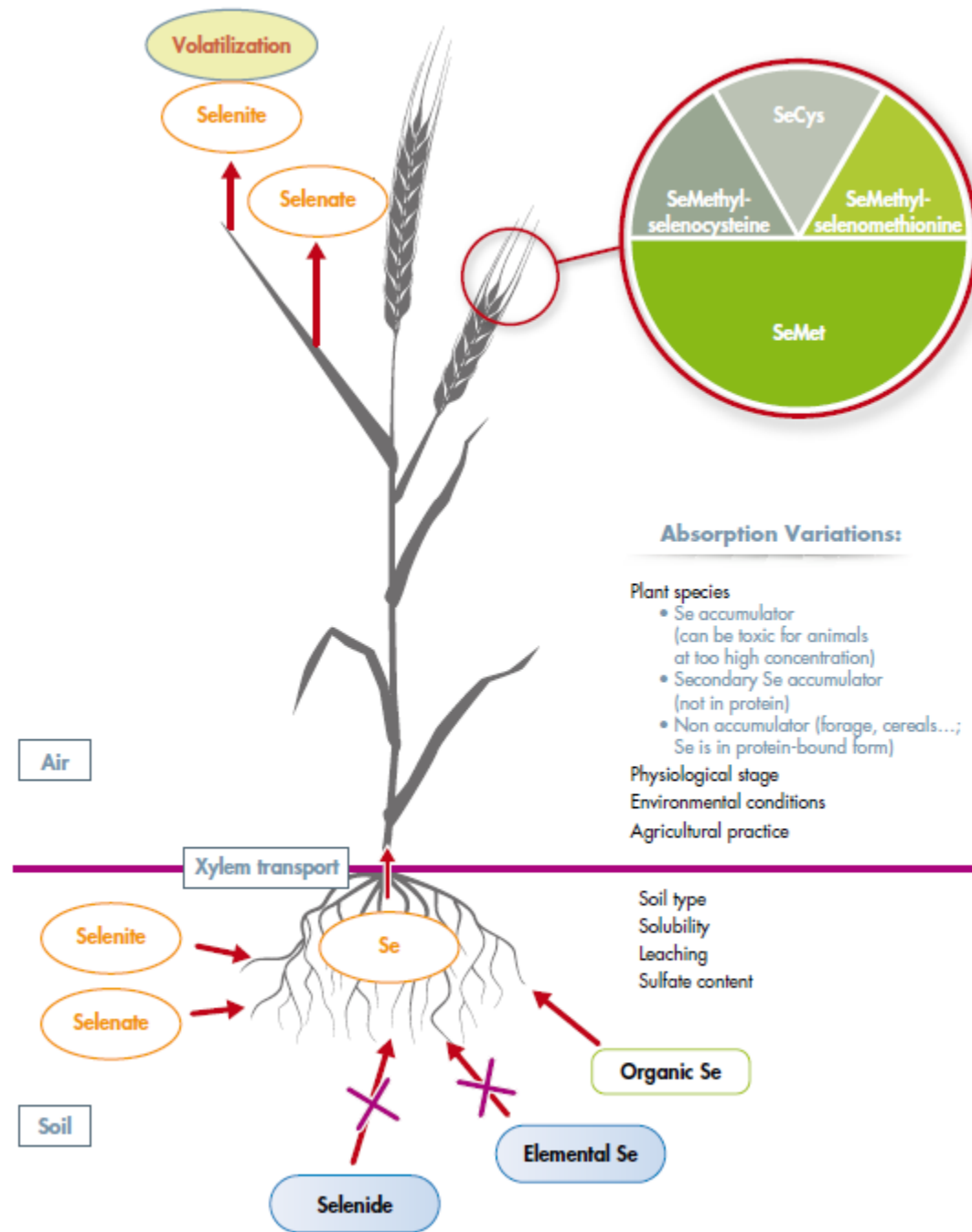
Sodium Selenate



Sodium Selenite



pH↓ absorption↓



Plants differ markedly in their ability to incorporate selenium from soil into tissues; and based on this ability, plants are divided into three major categories:

1

### **Selenium accumulators**

*Astragalus, Stanleya, Morinda, Neptunia, Oenopsis, and Xylorhiza*

2

### **Secondary Se accumulators**

*Aster, Astragalus, Atriplex, Castilleja, Comandra, Grayia, Grindelia, Gutierrezia, Machaeranthera and Brassica*

3

### **Non-accumulator plants**

*forage, cereal, oilmeal and crop plants*

Selenium concentrations in various feed ingredients, mg/kg

Ingredient	USA	Canada
Alfalfa meal	0.01-2.00	0.02-0.27
Barley	0.05-0.5	0.02-0.99
Brewer's grains	0.15-1.00	0.29-1.10
Corn	0.01-1.00	0.01-0.33
Fish meal	1.0-5.0	1.3-3.4
Linseed meal	0.5-1.2	0.7-1.5
Meat meal	0.08-0.5	0.2-0.81
Oats	0.01-1.00	0.01-1.10
Poultry by-product	0.5-0.10	-
Soybean meal	0.06-1.00	0.04-0.78
Wheat	0.1-3.00	0.02-1.5
Wheat bran	0.1-3.0	0.24-1.3
Wheat middling	0.15-1.0	0.41-0.89
Whole soybeans	0.07-0.90	-

Bioavailability of Se in feedstuffs (adapted from Cantor, 1997).

Feedstuff	Biological availability, %
Dehydrated alfalfa meal	210
Brewer's yeast	89
Cottonseed meal	86
Corn	86
Brewer's grains	80
Wheat	71
Distiller's dried grains and solubles	65
Soybean meal	60
Herring meal	25
Tuna meal	22
Poultry by-product meal	18
Menhaden fish meal	16
Meat and bone meal	15
Fish solubles	9

SeMet in grains.

	Grains	SeMet proportion, % total Se	References
Wheat	wheat grain	56-83	Whanger, 2002
	wheat	50.4-81.4	Yang <i>et al.</i> , 1997
	wheat grain	72-85	Cubadda <i>et al.</i> , 2010
	spring wheat grains, Australia	90	Stadlober <i>et al.</i> , 2001
	spring wheat grain, India	66	Cubadda <i>et al.</i> , 2010
	durum wheat, Austria	62	Stadlober <i>et al.</i> , 2001
	winter wheat grain, India	58	Cubadda <i>et al.</i> , 2010
	wheat flour, Belgium	52	Moreno <i>et al.</i> , 2004
Barley	summer barley grains, Austria	77	Stadlober <i>et al.</i> , 2001
Maize	maize	61-64	Whanger, 2002
	maize	45.5-82.0	Yang <i>et al.</i> , 1997
Soybeans	soybeans	>80	Whanger, 2002
	soybeans	62.9-71.8	Yang <i>et al.</i> , 1997
Rice	rice	68-81	Whanger, 2002
	rice	54.9-86.5	Yang <i>et al.</i> , 1997
	basmati rice, India	93	Mar <i>et al.</i> , 2009
	jasmine rice, Thailand	96	Mar <i>et al.</i> , 2009
	white rice, USA	94	Mar <i>et al.</i> , 2009

# Major differences

	Organic selenium	Selenite
Absorption	similar to methionine with active transport in the gut	similar to other mineral with passive transport in the gut
Accumulation	building Se reserves by non-specific incorporation of SeMet into the proteins	not accumulated in the body
Toxicity	at least 3 times less toxic than selenite	highly toxic, can penetrate via skin causing problems
Bioavailability	higher bioavailability in comparison to selenite to animals/poultry	lower bioavailability in comparison to SeMet
Antioxidant activity	possesses antioxidant properties per se and could scavenge NO and other radicals	possesses prooxidant properties and could stimulate free radical production when reacting with GSH
Effect on DNA	stimulate DNA-repair enzymes	causes DNA damage
Transfer to eggs and muscles	transferred to egg and muscles giving an opportunity to produce Se-eggs and Se-meat	poorly transferred to eggs and muscles
Reactions with other elements	neutral, ascorbic acid promotes SeMet assimilation from the diet	highly reactive, reduced to metallic, unavailable selenium by ascorbic acid
Protective effect in stress conditions	provide additional protection due to Se reserves in the body	cannot provide additional protection due to absence Se reserves in the body
Effect on drip loss	decrease drip loss	does not affect drip loss
Environmental issues	better retention in tissues, less released with faeces and urine	low retention in tissues and high release with faeces and urine
Stability	stable	stable
Classification based on the mode of action	feed additive	drug



# Functions



**WARNING:  
TOXIC**

Selenium acid > selenite > selenate > selenocysteine > methylated selenium compounds

# Molecular mode of action of toxic interaction

- Toxicity occurs from a flaw in protein synthesis.
- Recall that sulfur is a key component of proteins.
  - Sulfur disulfide bonds required for proper folding of protein (tertiary structure)
  - Disulfide bonds are between strands of amino acids
  - Structure=Function

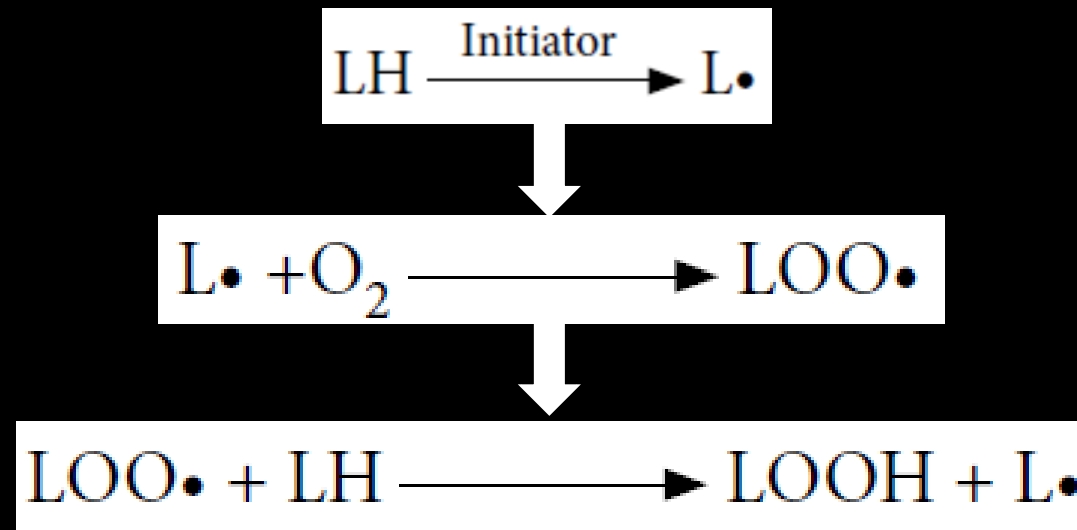
Cells do not discriminate well between Se and Sulfur during protein synthesis  
Formation of triselenium linkage (**SE-SE-SE**) or a selenotrisulfide linkage (**S-Se-S**)

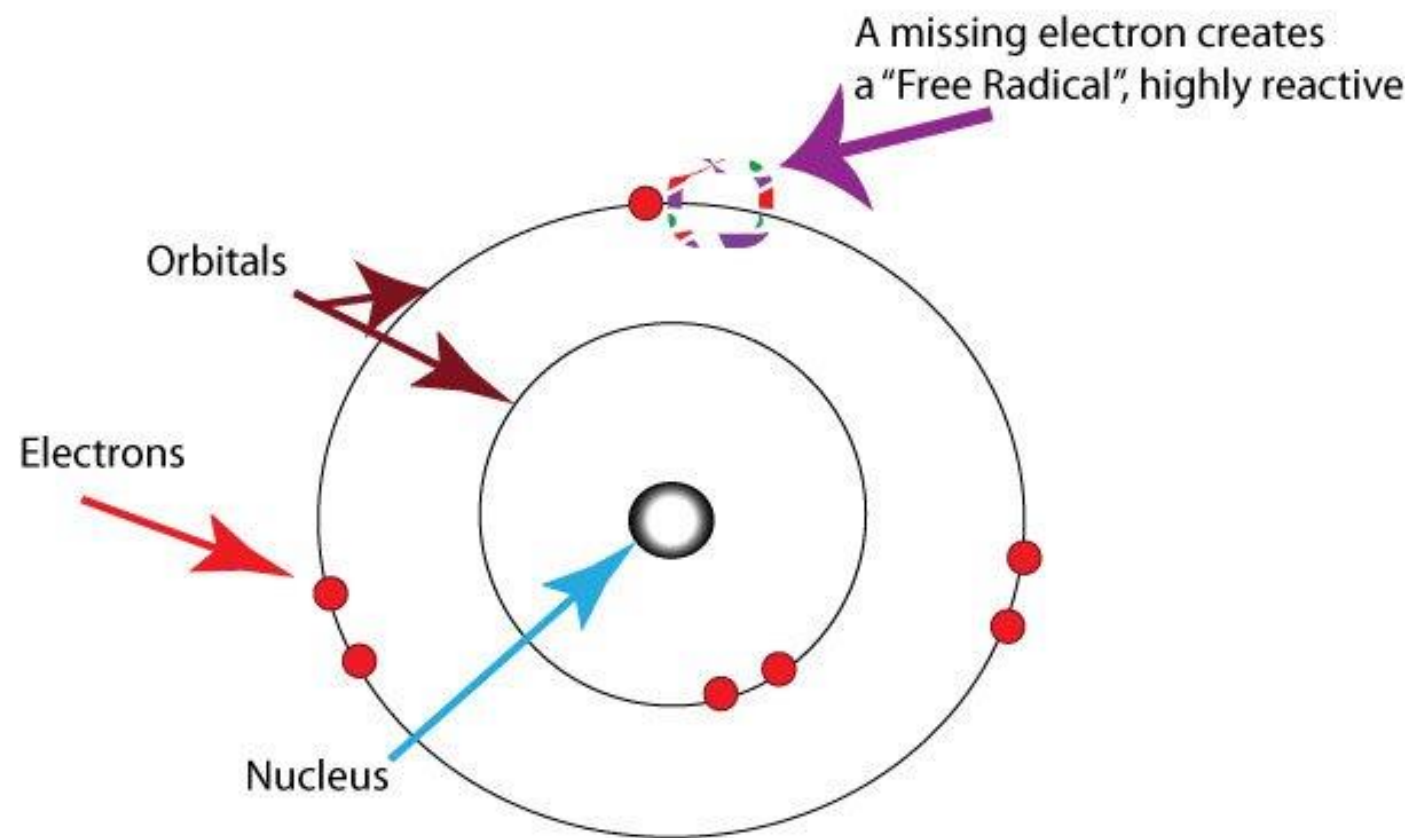
# Functions

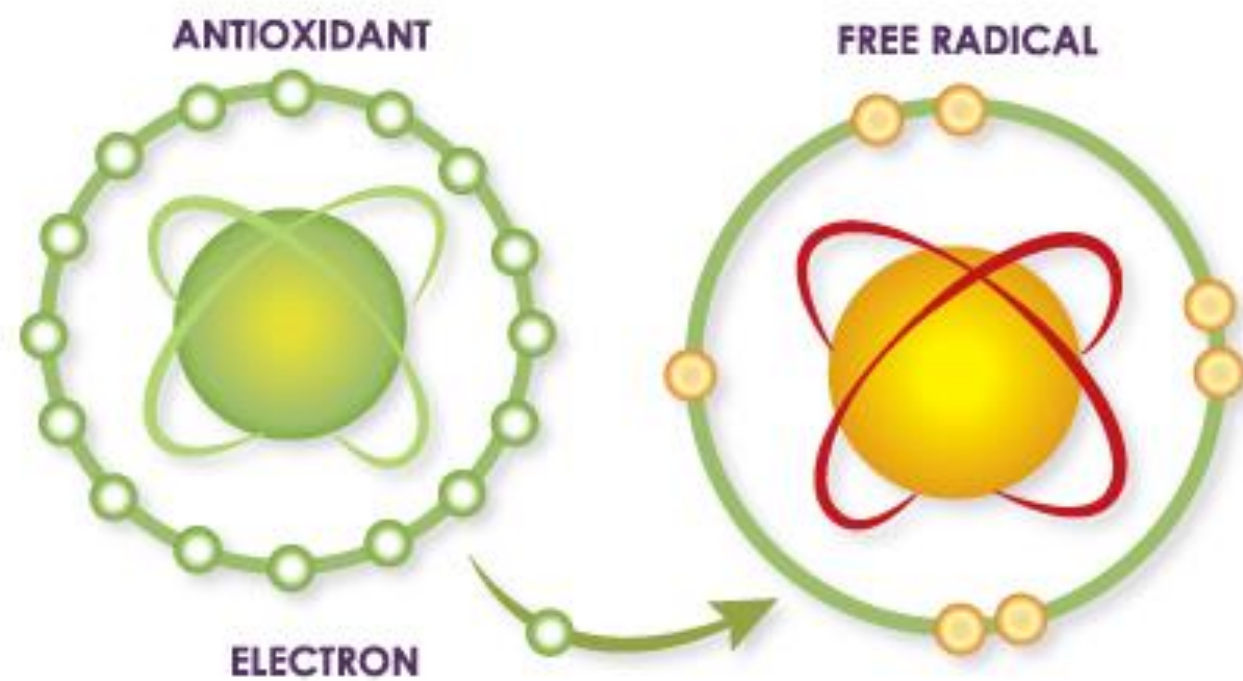
- Selenium dependent enzymes
  - Glutathione peroxidase
  - Deiodinases
- Other functions
  - Immune response
  - Complex with heavy metals (Cd, Hg & Ag)

# Functions

*Self-preservation is the first law of nature*



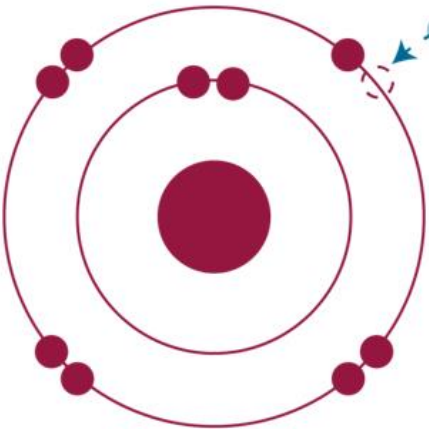




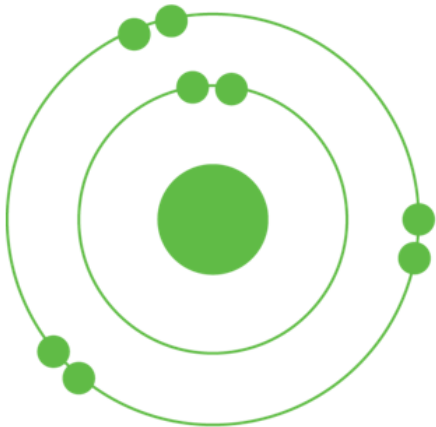
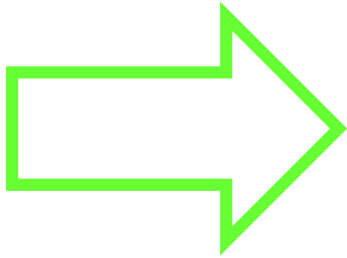
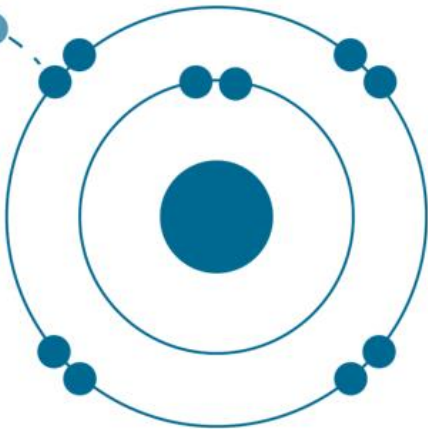
**Unstable  
Molecule**

**Antioxidant**

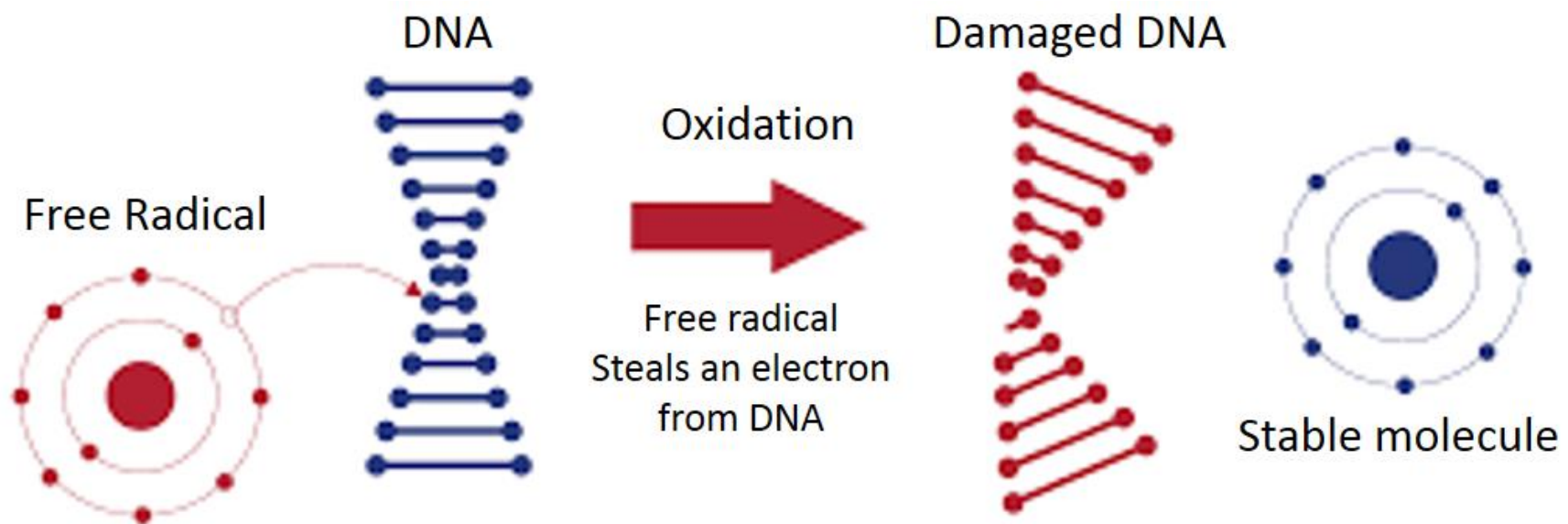
**Stable  
Molecule**

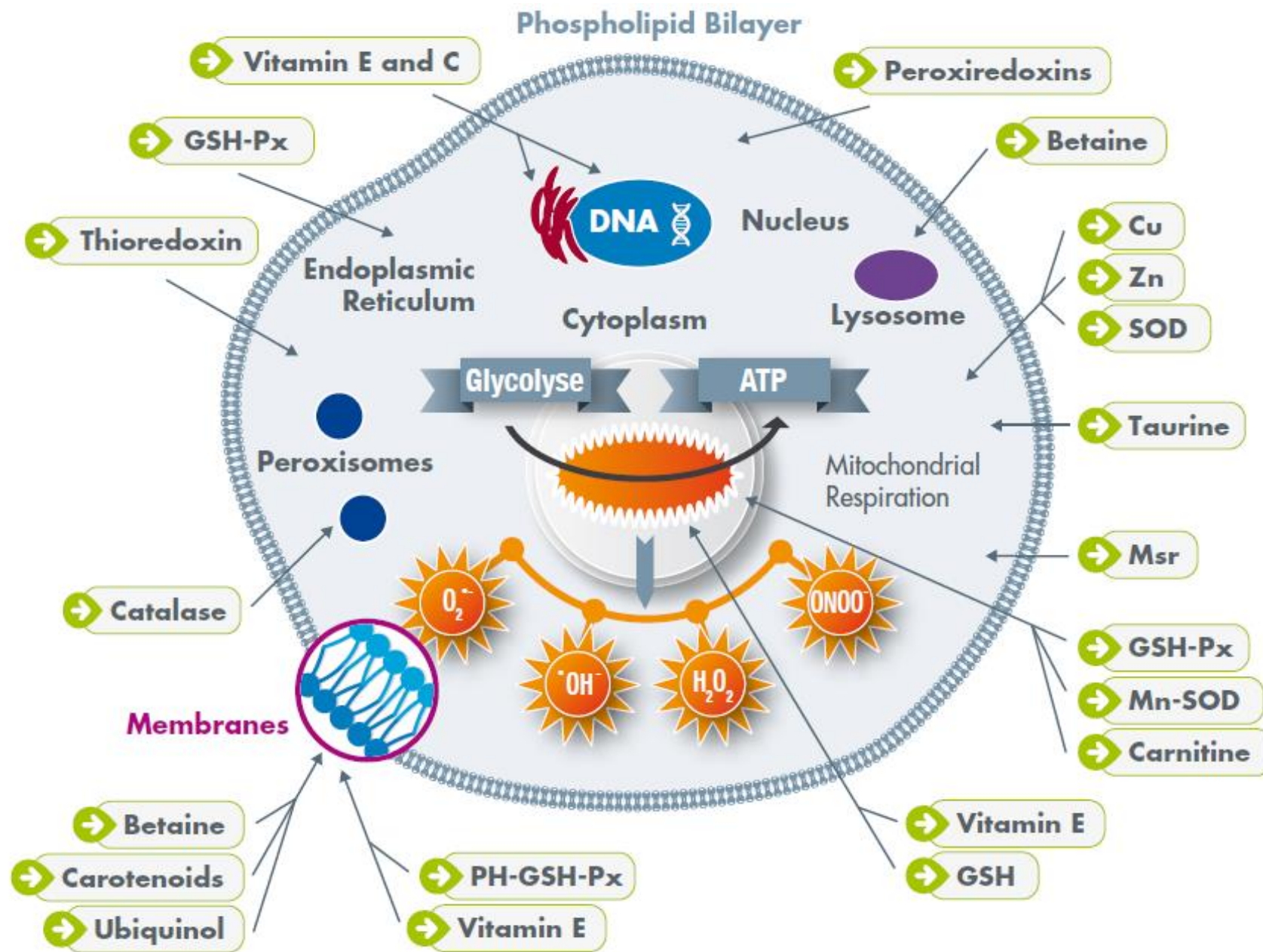


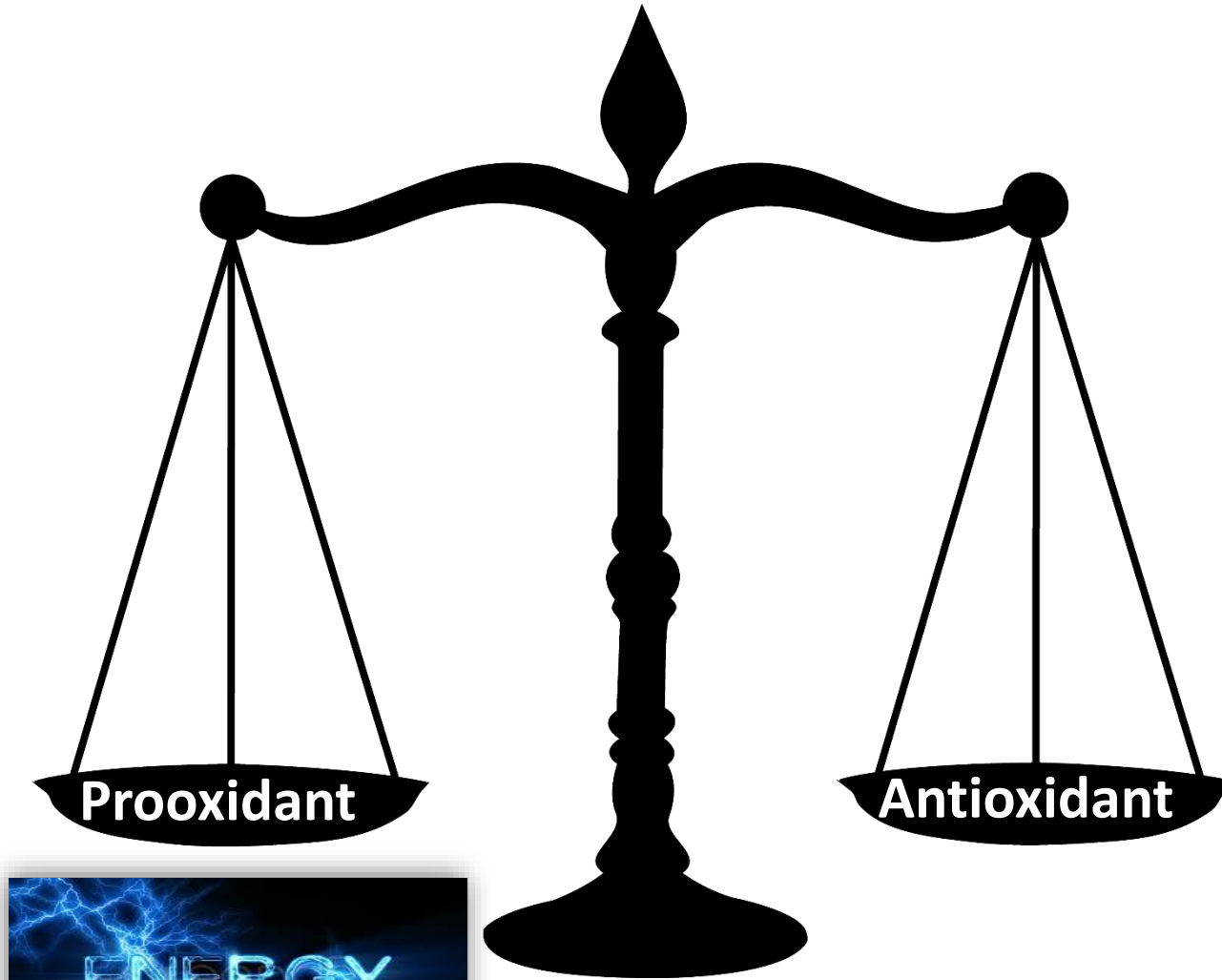
Free Radical  
Unpaired electron

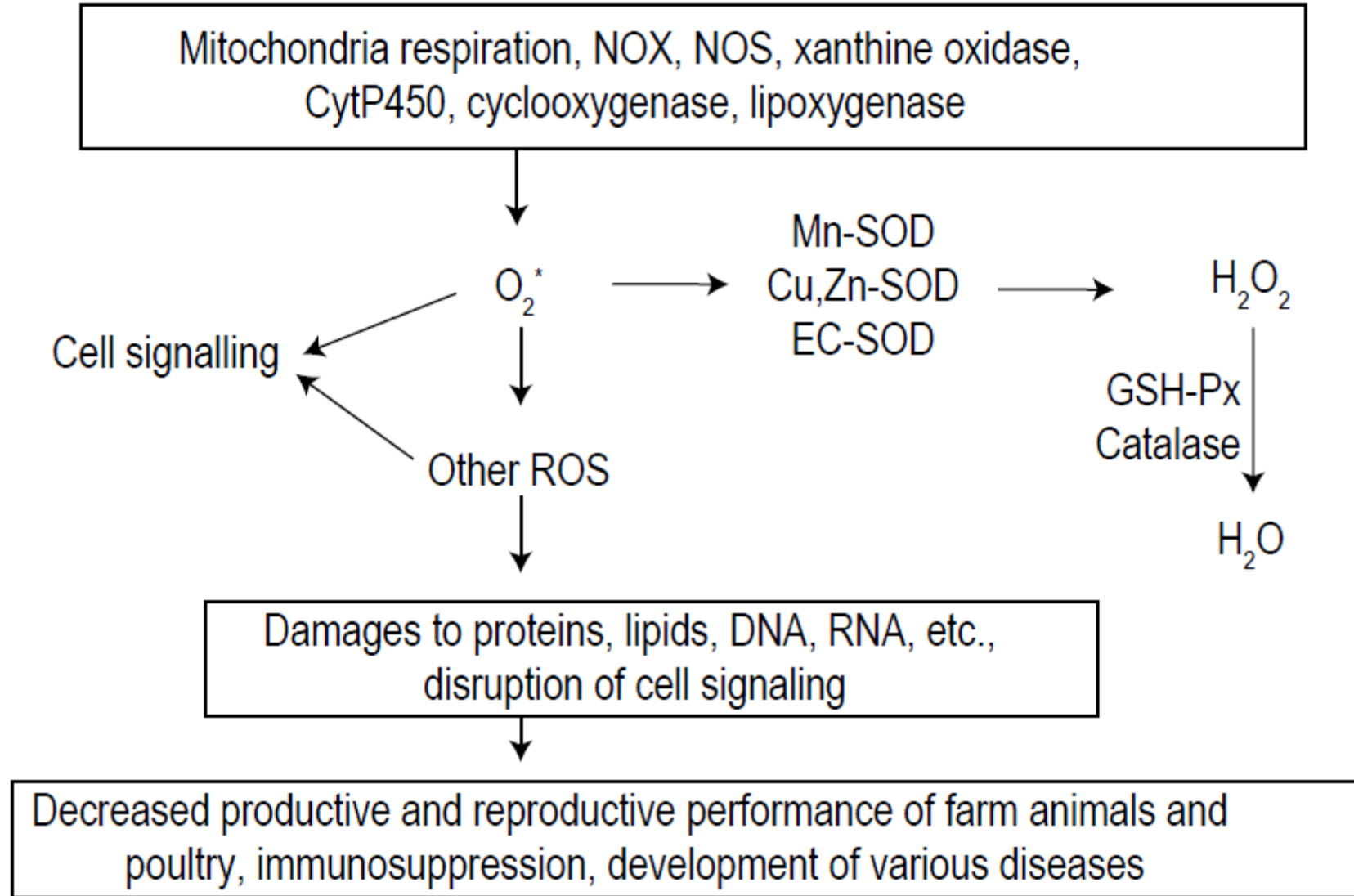


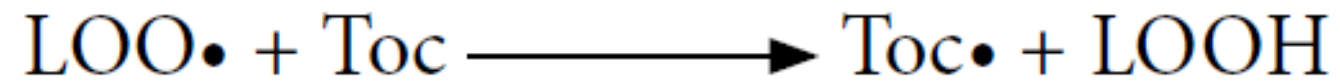


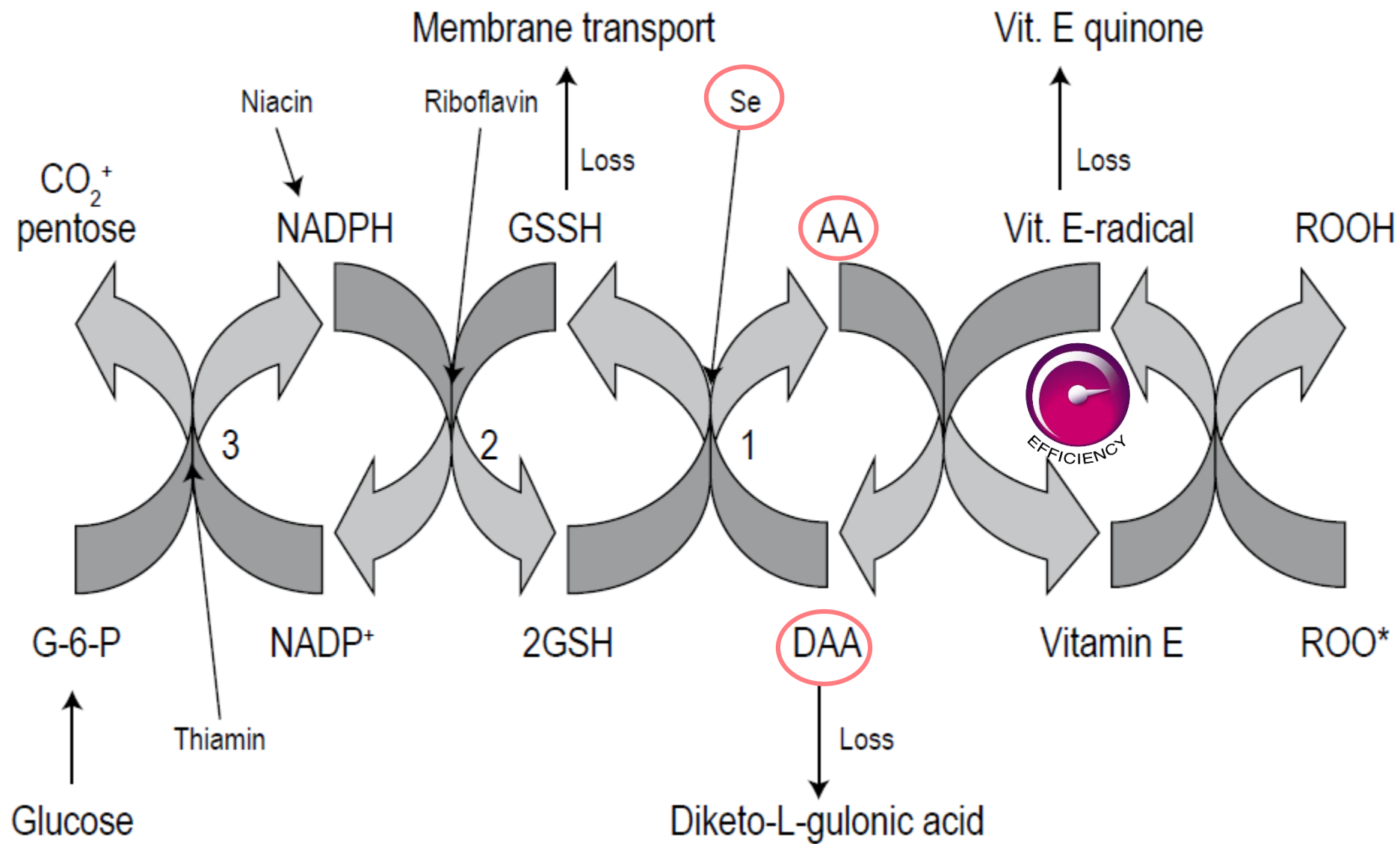


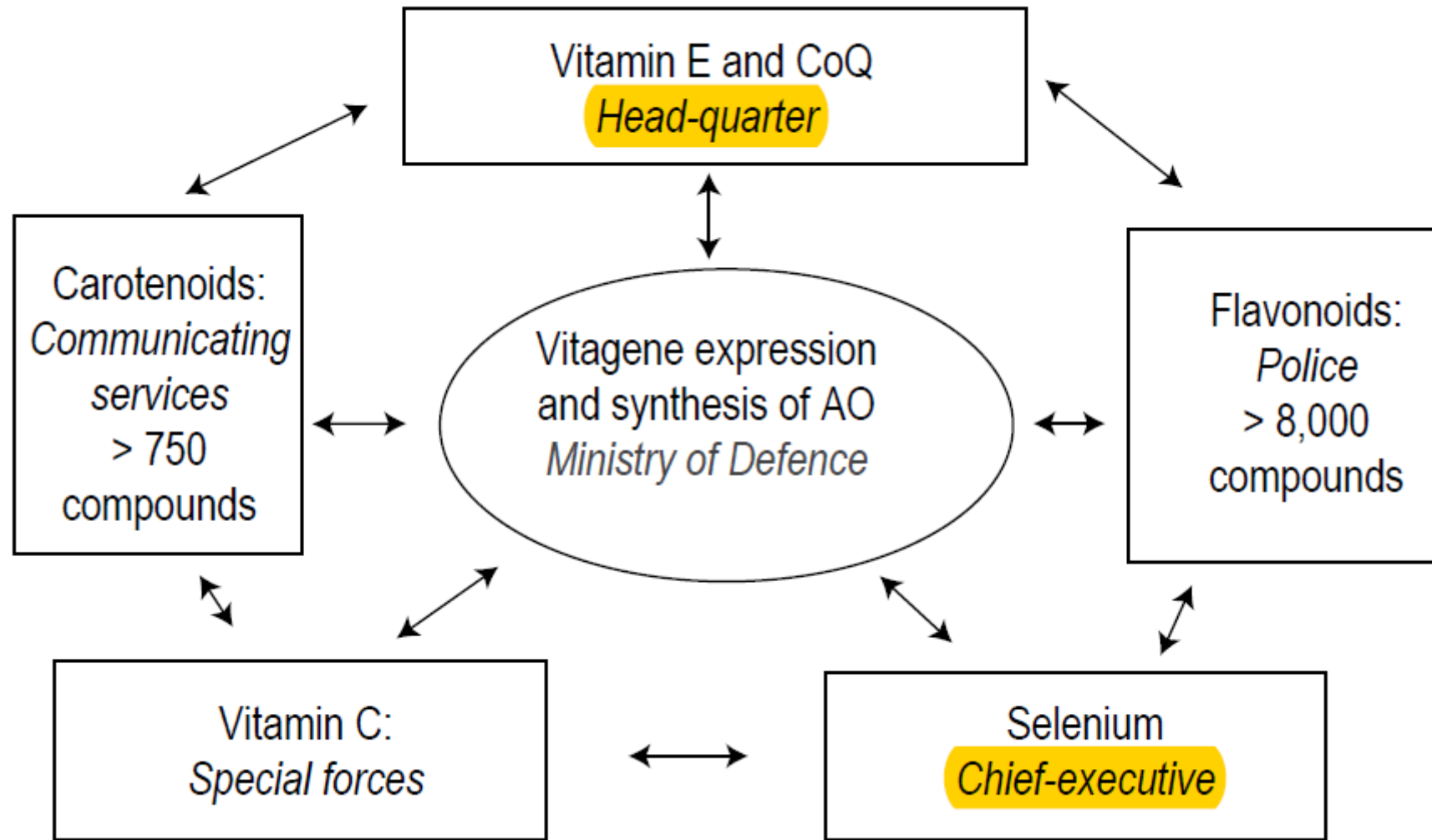










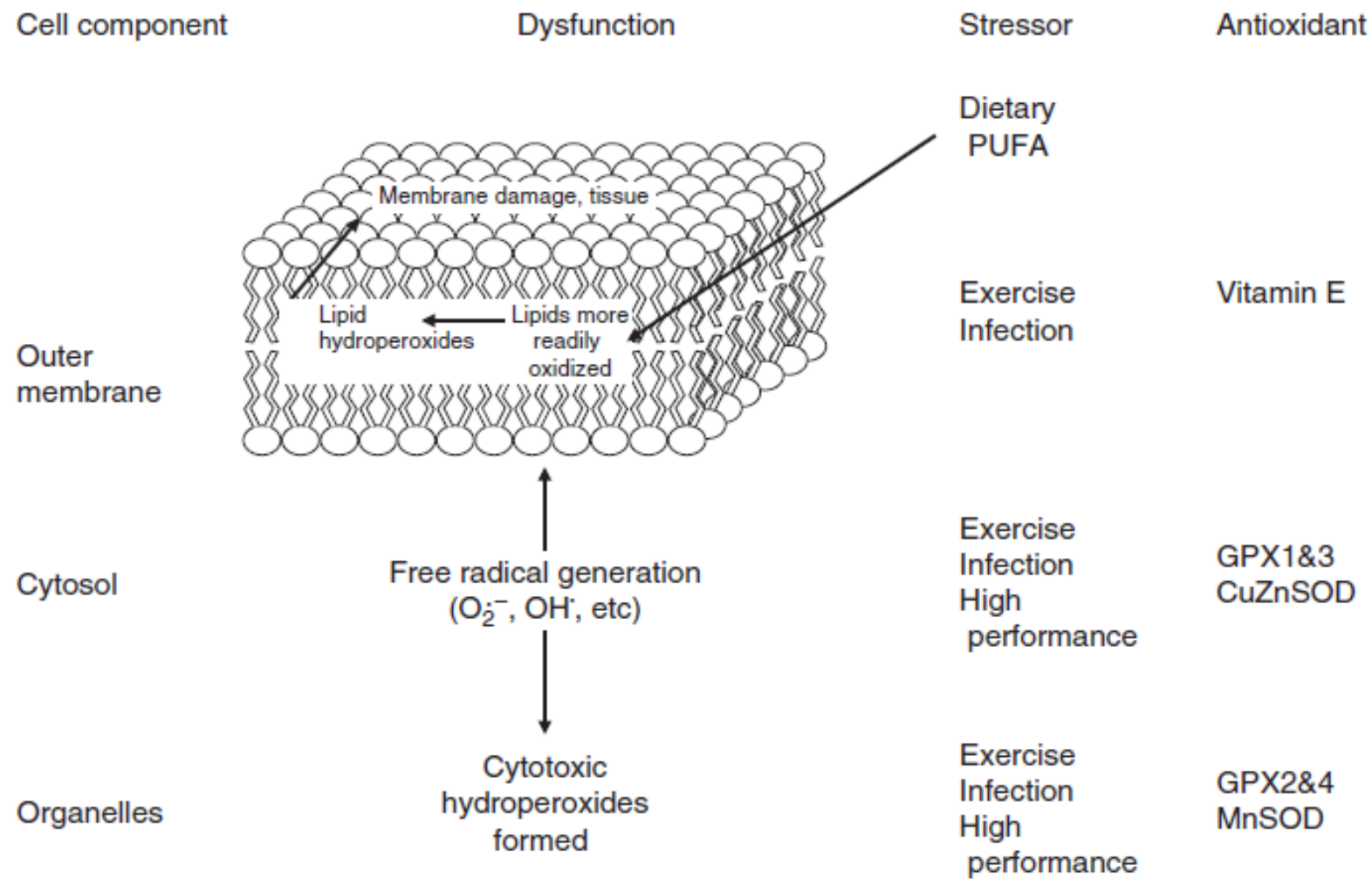




Selenoproteins that have been purified and/or cloned, their location and possible functions (after Beckett and Arthur, 2005).

Nomenclature	Selenoprotein	Principal location	Function
GPX1	Cytosolic glutathione peroxidases (GPX)	Tissue cytosol, red blood cells	Storage, antioxidant
GPX2	Phospholipid hydroperoxide GPX	Intracellular membranes, particularly testes	Intracellular antioxidant
GPX3	Plasma GPX	Plasma, kidney, lung	Extracellular antioxidant
GPX4	Gastrointestinal GPX	Intestinal mucosa	Mucosal antioxidant
GPX5	Epididymal GPX	Epididymis	Weak antioxidant
SPS-2	Selenophosphate synthetase 2	Ubiquitous	SeCys biosynthesis
ID1 or ORD1	Iodothyronine 5'-deiodinase type I	Liver, kidney, muscle <sup>a</sup>	Conversion of T4 to T3
ID2 or ORD2	Iodothyronine 5'-deiodinase type II	BAT	Conversion of T4 to T3
ID3 or ORD3	Iodothyronine 5'-deiodinase type III	Placenta	Conversion of T4 to rT3
TR1 and 2	Thioredoxin reductase 1 and 2	Kidney, brain	Redox cycling
SePN	Selenoprotein N	Muscle	Cell proliferation
SePP	Selenoprotein P	Plasma	Transport, metal detoxifier
SePR	Selenoprotein R	Liver, kidney	Methionine sulfoxide reductase
SePW	Selenoprotein W	Muscle	Antioxidant, calcium-binding
MCSep	Mitochondrial capsular selenoprotein	Sperm mitochondrial capsule	Store for GPX4





PubMed glutathione peroxidase Search

Create RSS Create alert Advanced

Help

Article types  
Clinical Trial  
Review  
Customize ...

Text availability  
Abstract  
Free full text  
Full text

Publication dates  
5 years  
10 years  
Custom range...

Species  
Humans  
Other Animals

Clear all

Show additional filters

Format: Summary Sort by: Most Recent Per page: 20

Send to Filters: Manage Filters

Sort by:

Best match

Most recent

Results by year



Download CSV

Best matches for glutathione peroxidase:

[Glutathione peroxidase 4: a new player in neurodegeneration?](#)

Cardoso BR et al. Mol Psychiatry. (2017)

[Prognostic significance of glutathione peroxidase 2 in gastric carcinoma.](#)

Liu D et al. Tumour Biol. (2017)

[Glutathione peroxidase 4 inhibits Wnt/ \$\beta\$ -catenin signaling and regulates dorsal organizer formation in zebrafish embryos.](#)

Rong X et al. Development. (2017)

Switch to our new best match sort order

Search results

Items: 1 to 20 of 35647

<< First < Prev Page 1 of 1783 Next > Last >>

- ☐ [Microbial metabolites of proanthocyanidins reduce chemical carcinogen-induced DNA damage in human lung epithelial and fetal hepatic cells in vitro.](#)  
Thilakarathna WPDW, Rupasinghe HPV.  
Food Chem Toxicol. 2019 Feb 5. pii: S0278-6915(19)30060-2. doi: 10.1016/j.fct.2019.02.010. [Epub ahead of print]  
PMID: 30735747  
[Similar articles](#)

- ☐ [Stevioside attenuates isoproterenol-induced mouse myocardial fibrosis through inhibition of the myocardial NF- \$\kappa\$ B/TGF- \$\beta\$ 1/Smad signaling pathway.](#)  
Wang J, Chen W, Zhang Y, Lin Q, Xia M.

Titles with your search terms

[Glutathione peroxidase-1 inhibits transcription of regenerating islet-1](#) [Free Radic Biol Med. 2019]

Overexpression of the **Glutathione Peroxidase 5** (*RcGPX5*) Gene [Front Plant Sci. 2018]

**Glutathione peroxidase-1** overexpressing transgenic mice are protected [Neurochem Int. 2019]

See more...

Find related data

Database: Select

Article types

Clinical Trial

Review

Customize ...

Text availability

Abstract

Free full text

Full text

Publication dates

5 years

10 years

Custom range...

Species

Humans

Other Animals

[Clear all](#)

[Show additional filters](#)

Format: Summary Sort by: Most Recent Per page: 20

Send to Filters: [Manage Filters](#)

Search results

Items: 1 to 20 of 2228

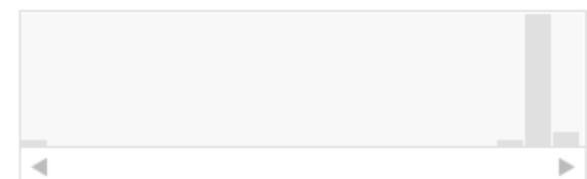
<< First < Prev Page 1 of 112 Next > Last >>

Sort by:

Best match

Most recent

Results by year



[Download CSV](#)

Find related data

Database: [Select](#)

[Find items](#)

Search details

```
("glutathione peroxidase"[MeSH  
Terms] OR ("glutathione"[All  
Fields] AND "peroxidase"[All  
Fields]) OR "glutathione  
peroxidase"[All Fields]) AND  
2018[All Fields]
```

1. [Evaluation of the alleviative role of \*Chlorella vulgaris\* and \*Spirulina platensis\* extract against ovarian dysfunctions induced by monosodium glutamate in mice.](#)

Abdel-Aziem SH, Abd El-Kader HAM, Ibrahim FM, Sharaf HA, El Makawy AI.  
J Genet Eng Biotechnol. 2018 Dec;16(2):653-660. doi: 10.1016/j.jgeb.2018.05.001. Epub 2018 Jun 28.  
PMID: 30733785  
[Similar articles](#)

2. [Cadmium-induced hepatocellular injury: Modulatory effects of  \$\gamma\$ -glutamyl cysteine on the biomarkers of inflammation, DNA damage, and apoptotic cell death.](#)

Salama SA, Arab HH, Hassan MH, Al Robaian MM, Maghrabi IA.  
J Trace Elem Med Biol. 2019 Mar;52:74-82. doi: 10.1016/j.jtemb.2018.12.003. Epub 2018 Dec 7.  
PMID: 30732903  
[Similar articles](#)

3. [Protective effects of Ganoderma triterpenoids on cadmium-induced oxidative stress and inflammatory injury in chicken livers.](#)

Li T, Yu H, Song Y, Zhang R, Ge M.  
J Trace Elem Med Biol. 2019 Mar;52:118-125. doi: 10.1016/j.jtemb.2018.12.010. Epub 2018 Dec 15.  
PMID: 30732871  
[Similar articles](#)

4. [Applicability of the Protein-lipid Profile and Activity of Lactate Dehydrogenase Isoenzymes for](#)

Article types

Clinical Trial

Review

Customize ...

Text availability

Abstract

Free full text

Full text

Publication dates

5 years

10 years

Custom range...

Species

Humans

Other Animals

[Clear all](#)

[Show additional filters](#)

Format: Summary Sort by: Most Recent Per page: 20

Send to Filters: [Manage Filters](#)

Search results

Items: 1 to 20 of 338

<< First < Prev Page 1 of 17 Next > Last >>

Sort by:

Best match

Most recent

Results by year



Download CSV

Find related data

Database: Select

Find items

Search details

("glutathione peroxidase"[MeSH Terms] OR ("glutathione"[All Fields] AND "peroxidase"[All Fields]) OR "glutathione peroxidase"[All Fields]) AND 2019[All Fields]

1. [Microbial metabolites of proanthocyanidins reduce chemical carcinogen-induced DNA damage in human lung epithelial and fetal hepatic cells in vitro.](#)

Thilakarathna WPDW, Rupasinghe HPV.

Food Chem Toxicol. 2019 Feb 5. pii: S0278-6915(19)30060-2. doi: 10.1016/j.fct.2019.02.010. [Epub ahead of print]

PMID: 30735747

[Similar articles](#)

2. [Stevioside attenuates isoproterenol-induced mouse myocardial fibrosis through inhibition of the myocardial NF- \$\kappa\$ B/TGF- \$\beta\$ 1/Smad signaling pathway.](#)

Wang J, Shen W, Zhang JY, Jia CH, Xie ML.

Food Funct. 2019 Feb 8. doi: 10.1039/c8fo01663a. [Epub ahead of print]

PMID: 30735218

[Similar articles](#)

3. [Neuroprotective effects of Ellagic acid against acrylamide-induced neurotoxicity in rats.](#)

Goudarzi M, Mombeini MA, Fatemi I, Aminzadeh A, Kalantari H, Nesari A, Najafzadehvarzi H, Mehrzadi S.

Neurol Res. 2019 Feb 8;1-10. doi: 10.1080/01616412.2019.1576319. [Epub ahead of print]

PMID: 30735102

[Similar articles](#)

4. [Colorimetric Sensor Array for Antioxidant Discrimination Based on the Inhibition of Oxidation Reaction](#)



# Characteristics of human selenoproteins

Protein	Protein length	SeCys position	Cellular distribution/tissues/species	Functions
Cytosolic GSH-Px (GSH-Px1)	201	47	cytosol	AO protection
GI-GSH-Px (GSH-Px2)	190	40	gastrointestinal tract	AO protection
pGSH-Px (GSH-Px3)	226	73	extracellular space and plasma	maintenance of cellular redox status
PH-GSH-Px (GSH-Px4)	197	73	cell membrane, many other tissues	detoxification of lipid hydroperoxides
Cytosolic TrxR1 (TrxR1)	499	498	cytosol, liver, kidney, heart	part of the Trx system, AO defence, redox regulation, cell signalling
Mitochondrial TrxR2 (TrxR2)	523	522	mitochondria, liver kidney	part of the Trx system, AO defence, redox regulation, cell signalling
TR3 (testicular) (TGR, TrxR3)	656	655	Testes	part of the Trx system, AO defence, redox regulation, cell signalling
Iodothyronine deiodinase 1 (Dio1)	249	126	many tissues like liver, kidney, thyroid	conversion of T4 to T3 and T4 to reverse T3
Iodothyronine deiodinase 2 (Dio2)	265	133	liver, kidney, thyroid, brown adipose tissue	conversion of T4 to T3
Iodothyronine deiodinase 3 (Dio3)	278	144	placenta, brain, skin, (not in pituitary, thyroid, adult liver)	conversion T4 to reverse T3
Selenoprotein H (SepH, SelH)	122	44	widely distributed	upregulation of genes involved in GSH synthesis
Selenoprotein I (SelI, SepI)	397	387	widely distributed	lipid metabolism
Selenoprotein K (SelK, SepK)	94	92	cardiomyocytes	possible AO protection in cardiomyocytes
Selenoprotein M (SelM, SepM)	145	48	brain and other tissues	distantly related to Sel15.
Selenoprotein N (SelN, SepN)	556	428	endoplasmatic reticulum	it is linked with rigid spine syndrome
Selenoprotein O (SelO, SepO)	669	667	widely distributed	unknown
Selenoprotein P (SepP, SepP1)	381	59 <sup>a</sup>	plasma, other tissues	involved in Se transport, AO defence
Selenoprotein Pb			plasma, other tissues	unknown
Methionine-R-sulfoxide reductase 1a (MsrB1, SelR, SelX)	116	95	cytosol, nucleus	reduction of oxidised methionine residues in damaged proteins
Selenoprotein S (SelS, SepS)	189	188	endoplasmatic reticulum	cellular redox balance, possible influence of inflammatory response
Selenophosphate synthetase 2a (SPS, SPS2, SPS2a)	448	60	testes, many other tissues	synthesis of selenophosphate
Selenoprotein T (SelT, SepT)	182	36	ubiquitous	role in regulation of Ca <sup>2+</sup> homeostasis and neuroendocrine secretion
Selenoprotein U (SelU, SepU1)			fish and chicken, but not higher eukaryotes	unknown
Selenoprotein W (SelW, SepW1)	87	13	muscle, heart and other tissues	antioxidant protection
15-kDa Selenoprotein (Sel15, Sep15)	162	93	endoplasmatic reticulum	antioxidant protection

<sup>a</sup> All positions of SeCys in SeP: 59, 300, 318, 330, 345, 352 367, 369, 376, 378.

<sup>b</sup> AO = anti-oxidant; GSH = glutathione; TrxR = thioredoxin reductase.

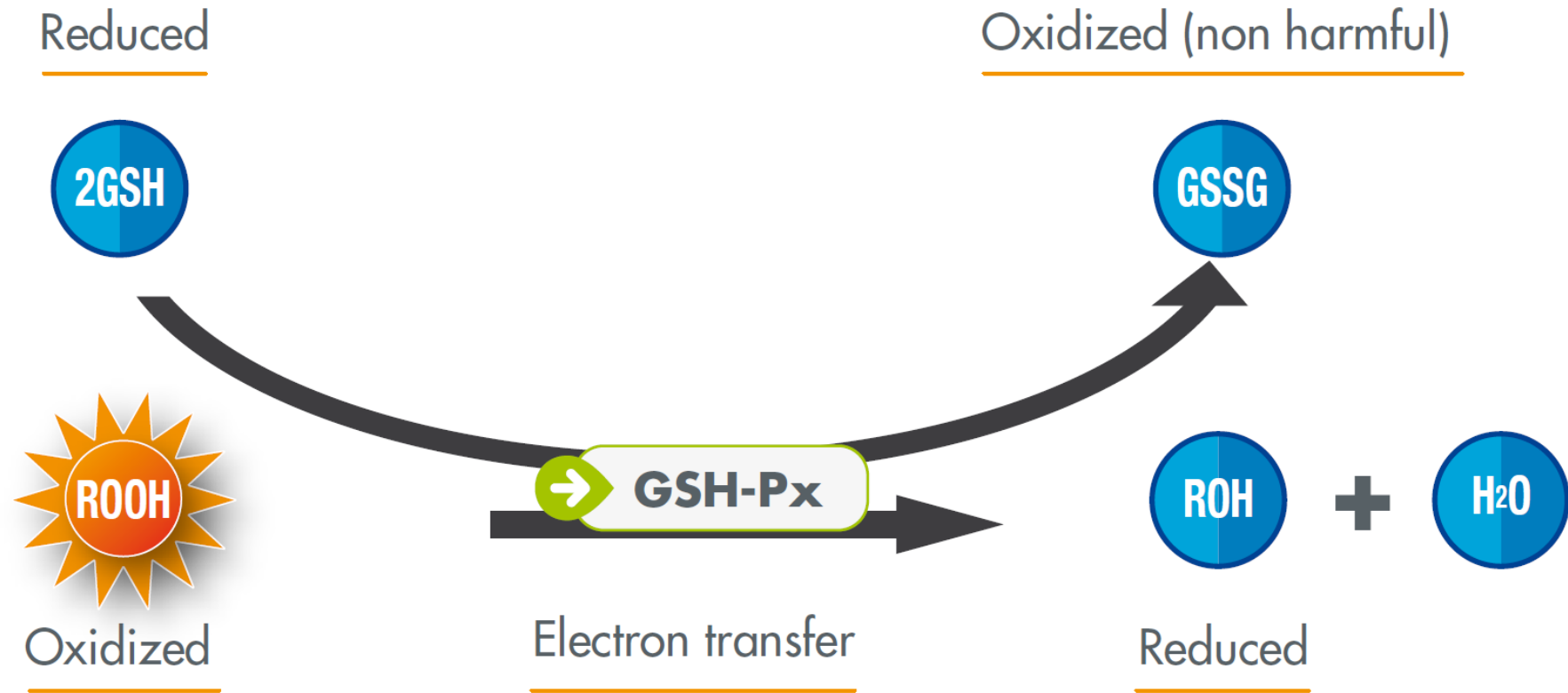
## Se-dependent glutathione peroxidase characteristics

Glutathione peroxidase	Nomenclature	Localisation	Subunit size (kDa)	Substrates	Electron donors	Other characteristics
Cytosolic GSH-Px	GSH-Px1	intracellular, cytosolic, partly mitochondria	21.9	H <sub>2</sub> O <sub>2</sub> , t-BHP	GSH	Erythrocytes, kidney and liver
Gastrointestinal GSH-Px	GSH-Px2	intracellular, cytosolic	21.9	H <sub>2</sub> O <sub>2</sub> , t-BHP	GSH	mucosal epithelial cells in GIT
Extracellular (plasma) GSH-Px	GSH-Px3	plasma	25.5	H <sub>2</sub> O <sub>2</sub> , t-BHP, phospholipid hydroperoxides	GSH, thioredoxin, gluta-redoxin	expressed in kidney
Phospholipid hydroperoxide GSH-Px	GSH-Px4	intracellular, partly cytosolic, mitochondrial, membrane-bound	22.1	H <sub>2</sub> O <sub>2</sub> , phospholipid hydroperoxides	GSH, DTT, 2-ME, L-cys	renal epithelial cells and testes

<sup>1</sup> t-BHP = tert-butylhydroperoxide; DTT = 1,4-dithiothreitol; 2-ME = 2-mercaptoethanol; L-cys = L-cysteine.; GIT = gastrointestinal tract; GSH = glutathione.

Total glutathione peroxidase (GSH-Px) activity in the liver of various animals, U/mg protein

Animal	GSH-Px activity	Animal	GSH-Px activity
Chicken	33	White mouse	468
Cattle	70	Ground squirrel	49
Sheep	64	Cat	67
Rat	245	Dog	20
Mouse	476	Rainbow trout	0.9
Guinea pig	12	Blue gill sunfish	3.4
Hamster	920	Carp	143
Rabbit	496	Fence lizard	22
Gerbil	683	American toad	2
Wild house mice	446	Western newt	1.5

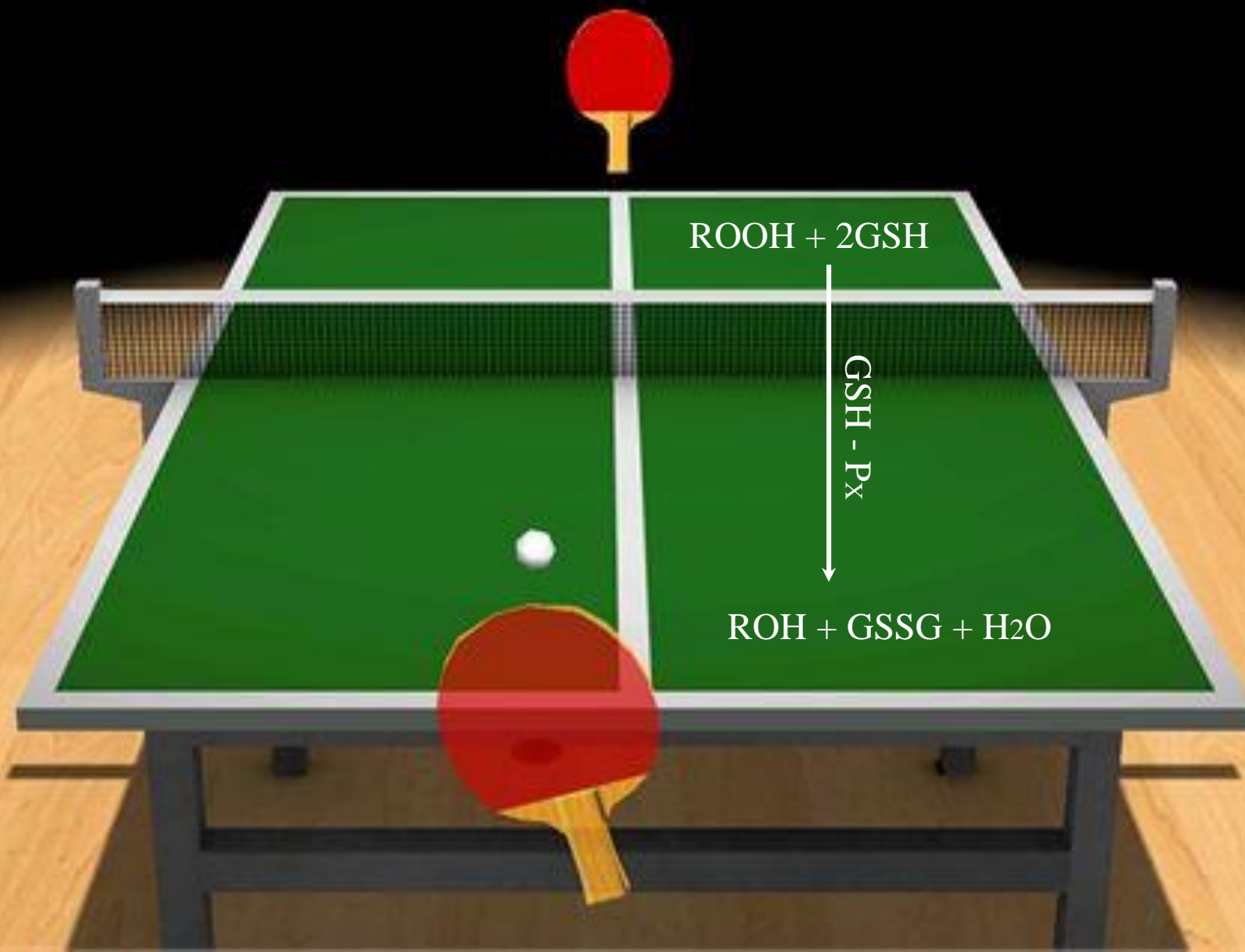


- 4 different GSH-Px in avian species
- Selenium feed supplementation  GSH-Px activity

### **Different biological roles:**

- Prevention of lipid peroxidation
- ROS detoxification
- Specific role of GSH-Px 4 in male fertility

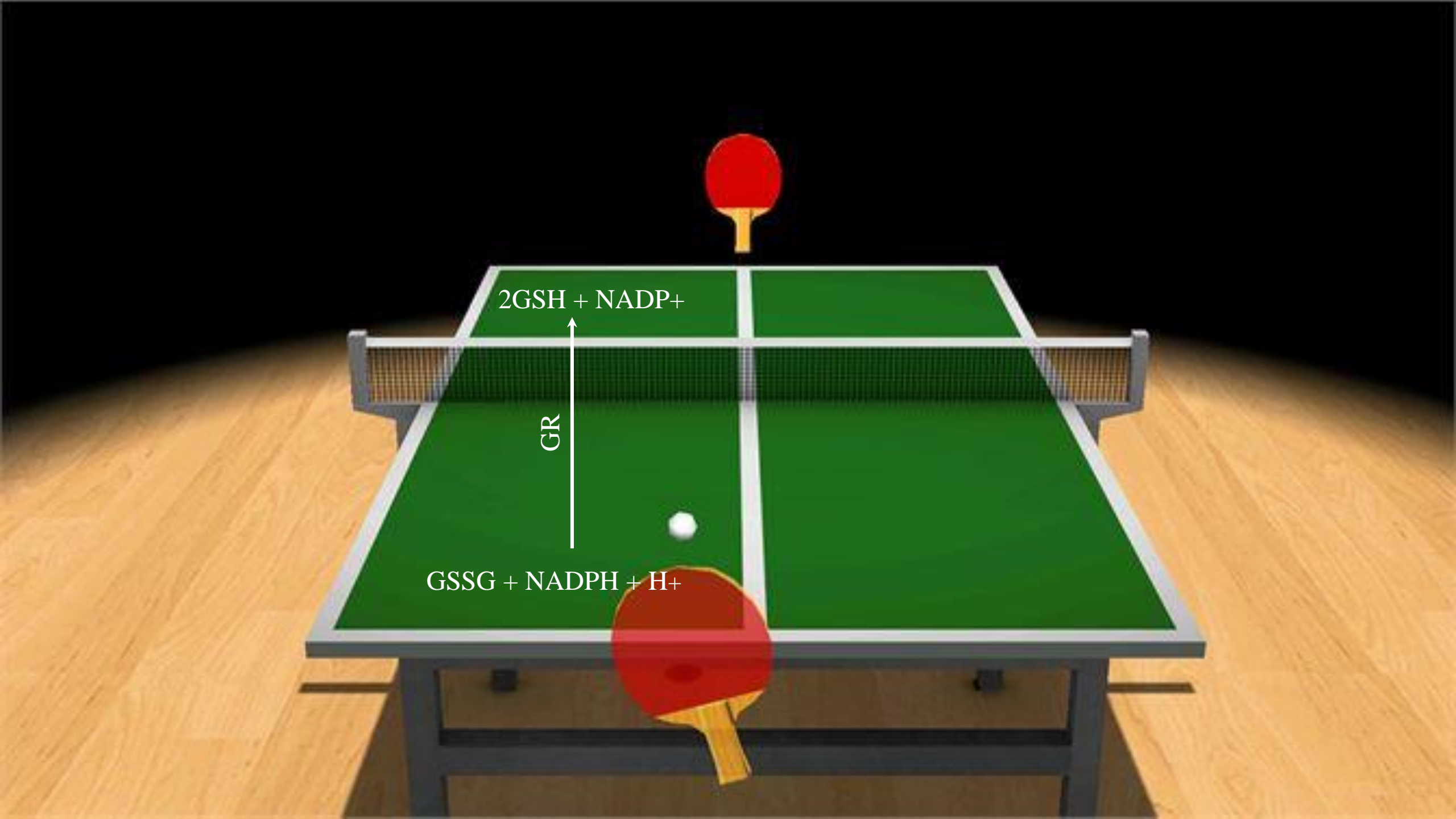




$\text{ROOH} + 2\text{GSH}$

$\text{GSH} - \text{P}_x$

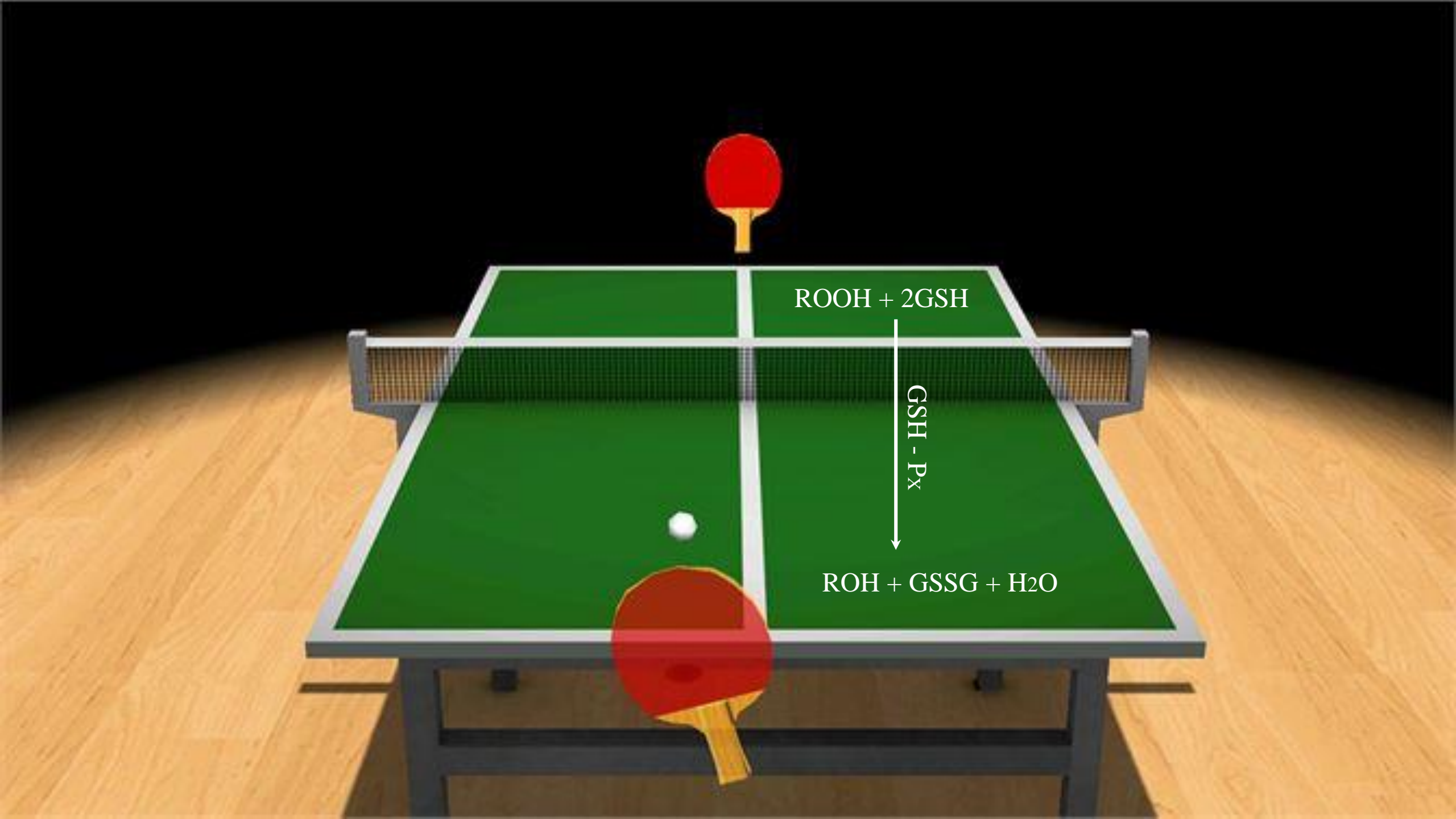
$\text{ROH} + \text{GSSG} + \text{H}_2\text{O}$



$2\text{GSH} + \text{NADP}^+$

GR

$\text{GSSG} + \text{NADPH} + \text{H}^+$

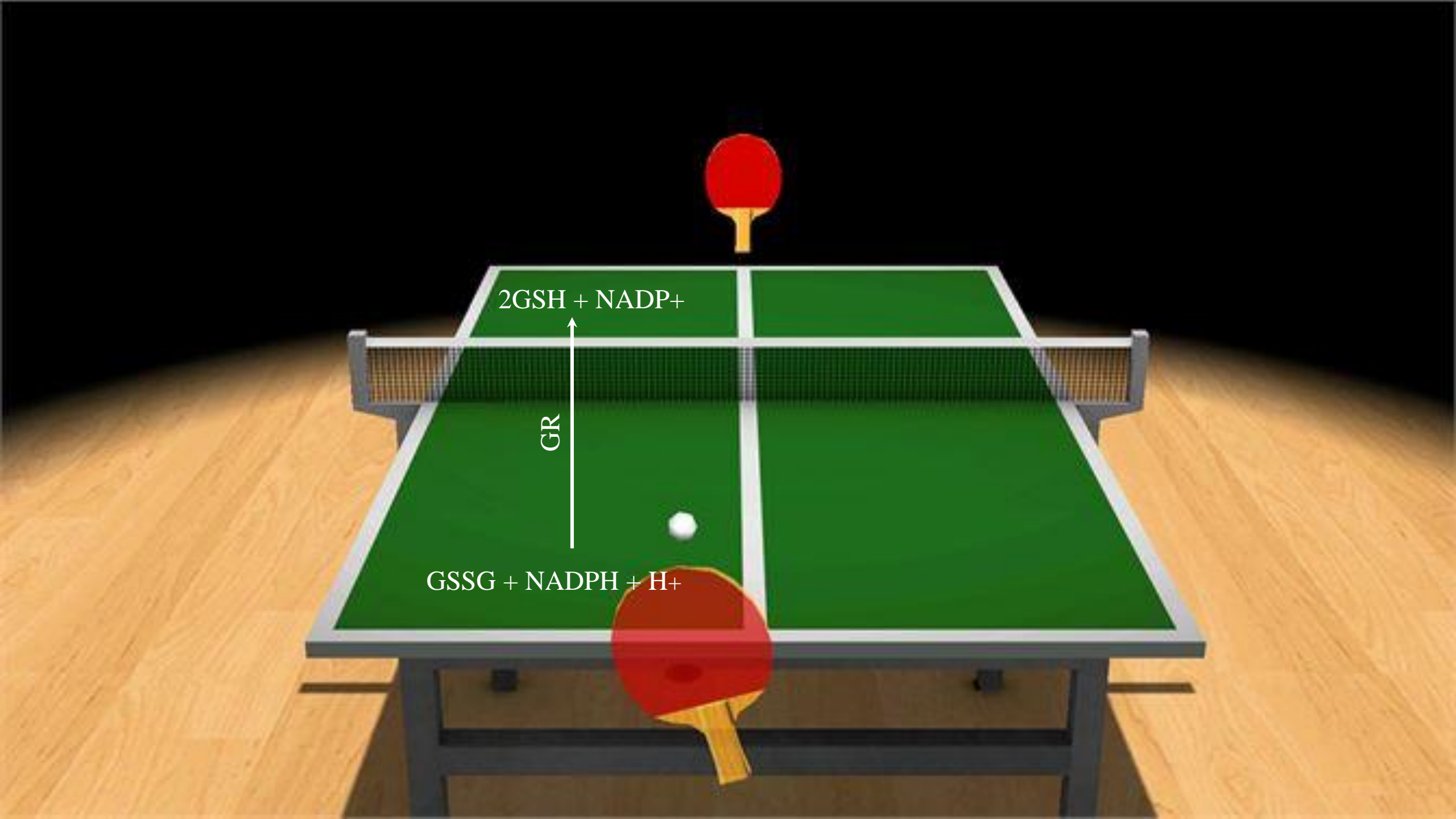


$\text{ROOH} + 2\text{GSH}$

$\text{GSH} - \text{Px}$

$\text{ROH} + \text{GSSG} + \text{H}_2\text{O}$

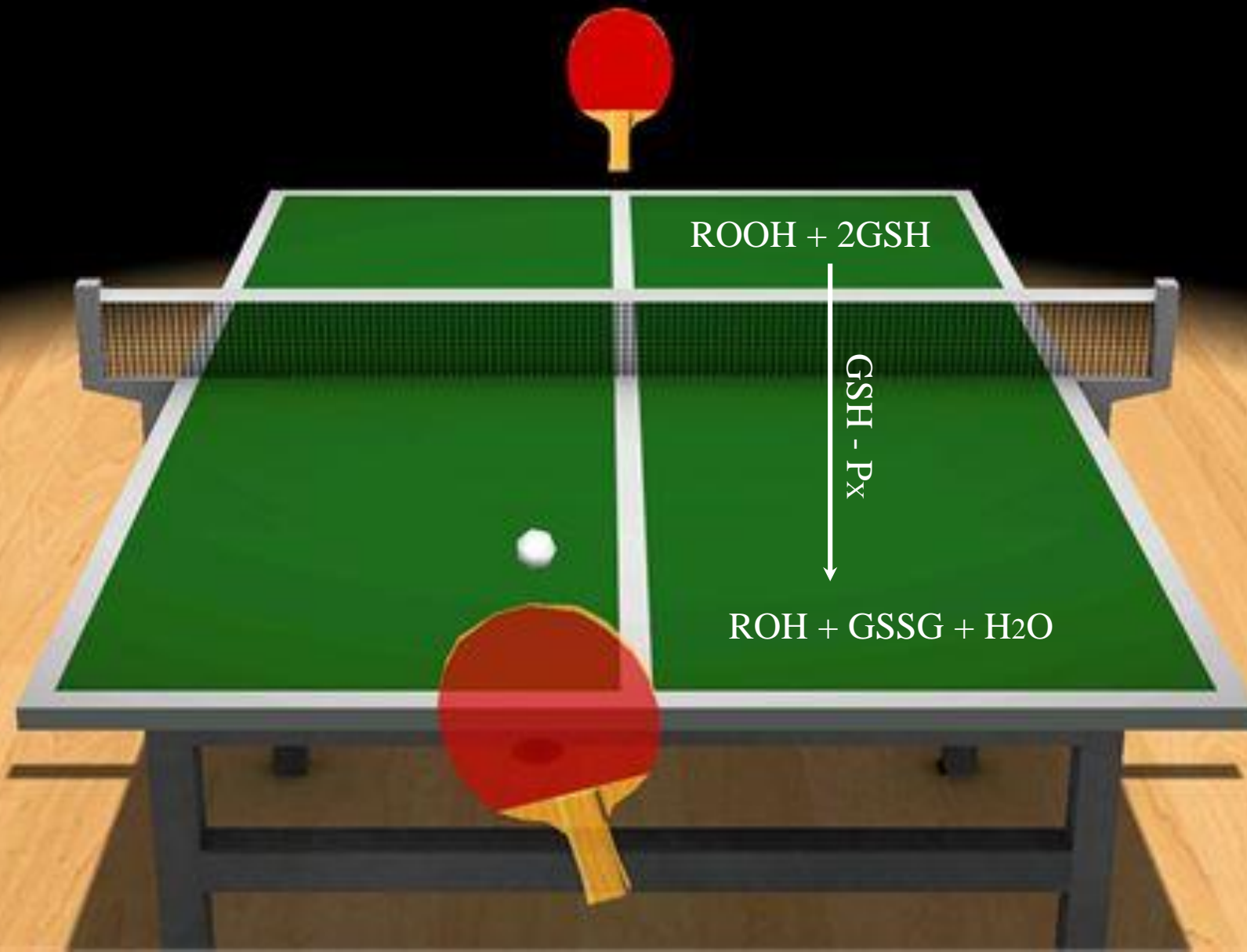




$2\text{GSH} + \text{NADP}^+$

GR

$\text{GSSG} + \text{NADPH} + \text{H}^+$

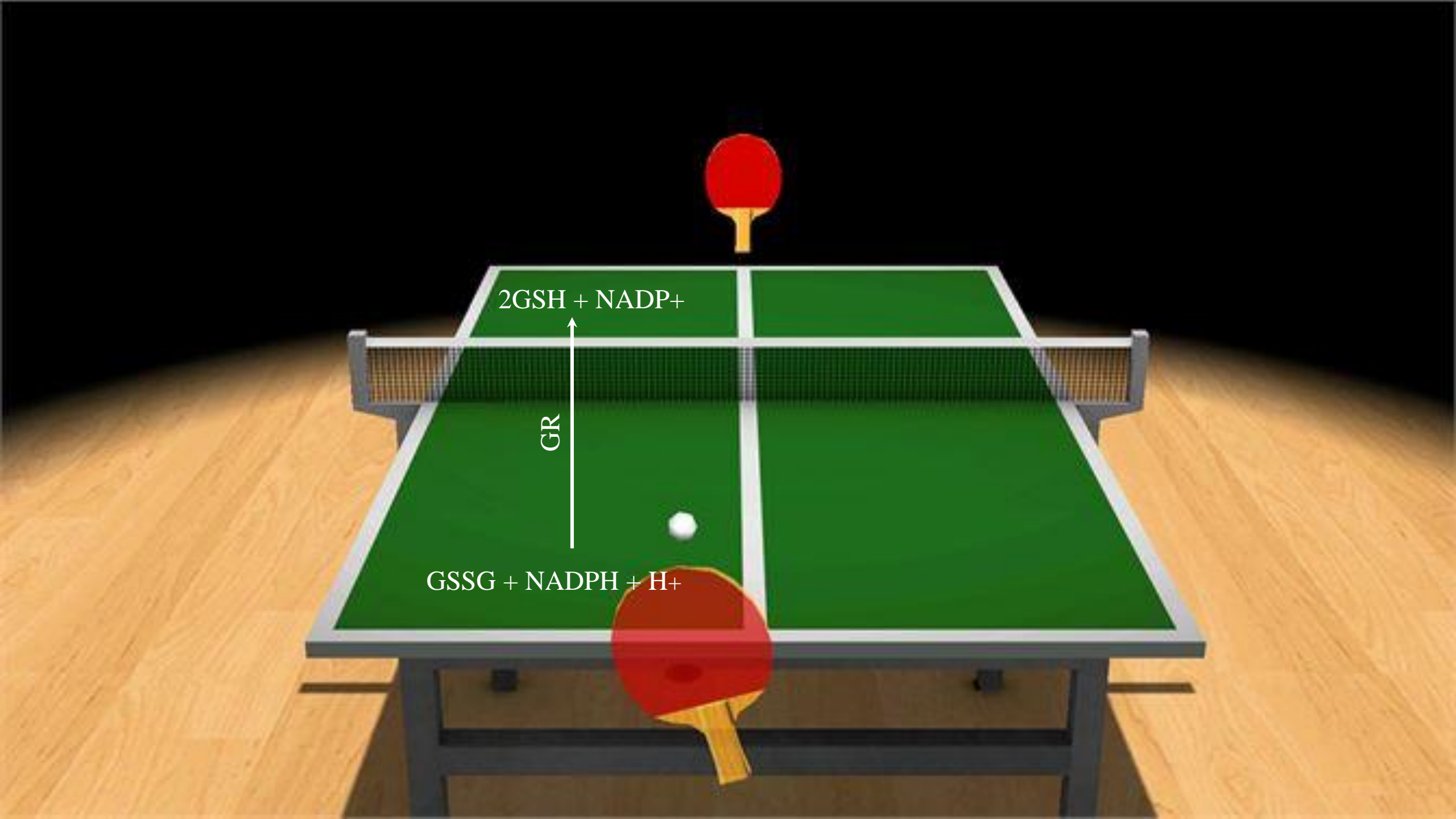


$\text{ROOH} + 2\text{GSH}$

$\text{GSH} - \text{Px}$

$\text{ROH} + \text{GSSG} + \text{H}_2\text{O}$

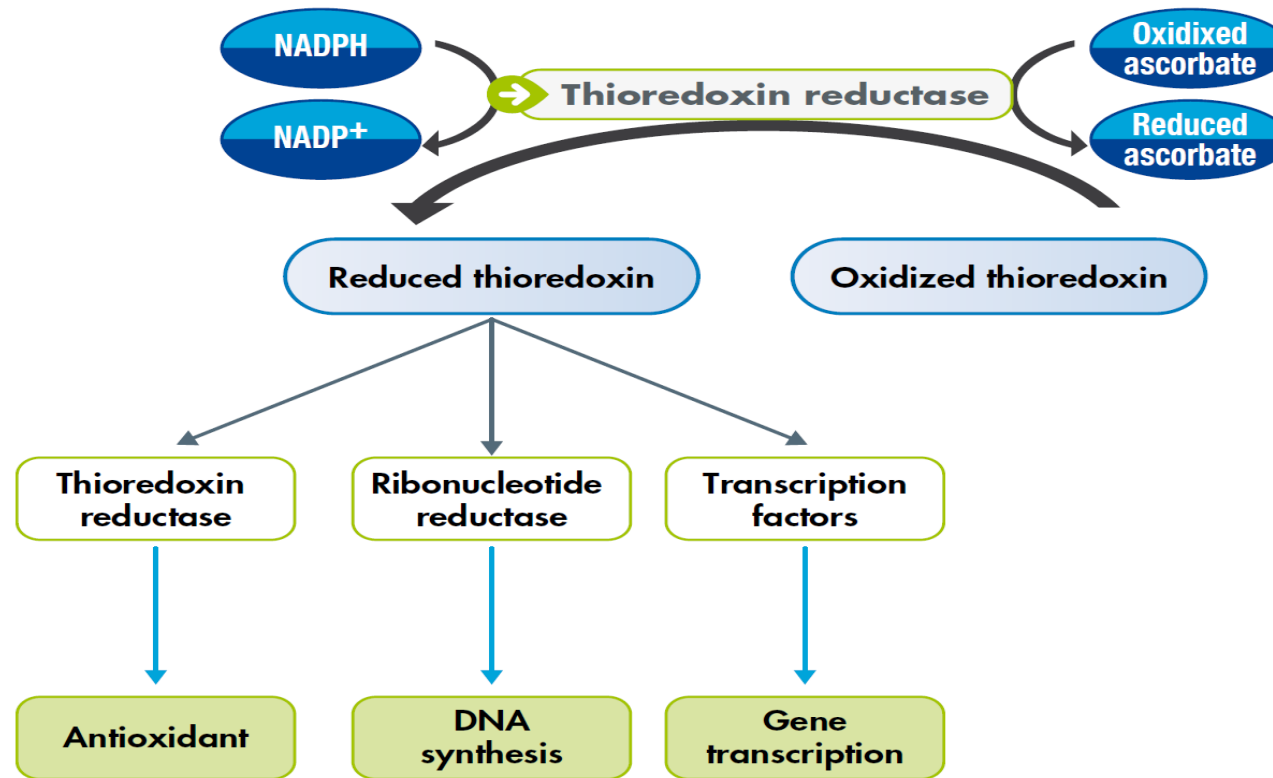




$2\text{GSH} + \text{NADP}^+$

GR

$\text{GSSG} + \text{NADPH} + \text{H}^+$



**TrxR plays a role in:**

- **Cell growth**
- **Inhibition of apoptosis**
- **Cellular sensitivity to glucocorticoids**
- **Immunomodulation**
- **Pregnancy and birth**
- **Neuronal survival**

Thioredoxin,  
(Peroxidase, Reductase)

Glutathione,  
(Peroxidase, Reductase)

Supply electrons for:

- ⚛ Deoxyribonucleotide formation
- ⚛ Antioxidant defence
- ⚛ Protein and DNA synthesis and repair
- ⚛ Redox regulation of signal transduction
- ⚛ Transcription
- ⚛ Cell growth, differentiation and apoptosis

## Other selenoproteins

- I. Iodothyronine deiodinases
- II. Selenophosphate synthetase-2
- III. 15-kDa selenoprotein
- IV. Selenoprotein H
- V. Selenoprotein I
- VI. Selenoprotein K
- VII. Selenoprotein M
- VIII. Selenoprotein N
- IX. Selenoprotein O
- X. Selenoprotein P
- XI. Selenoprotein Pb
- XII. Selenoprotein R
- XIII. Selenoprotein S
- XIV. Selenoprotein T
- XV. Selenoprotein U
- XVI. Selenoprotein W

## Selenoprotein location in chicken

---

Location/feature	Selenoproteins
Inside the cell	GSH-Px1, GSH-Px2, GSH-Px4, DIO1, DIO2, DIO3, TrxR1, TrxR2, TrxR3, Sep15, SelH, Sell, SelK, SelM, SelN, SelO, SelT, SelU, SelW, MsrB1, SPS2
Outside the cell/secreted	SelPa, SelPb and GSH-Px3
Endoplasmic reticulum	DIO1, DIO2, DIO3, Sep15, Sell, SelK, SelM, SelN SelS and SelT
Mitochondria	GSH-Px1, GSH-Px2, GSH-Px4, TrxR1, TrxR2, TrxR3, SelM, SelO and SelU
Cytoplasm	GSH-Px1, GSH-Px2, GSH-Px4, TrxR1, TrxR2, TrxR3 and SelW
Nucleus	GSH-Px4, MsrB1 and SelH
Golgi apparatus	SelT
Membrane	Sell
Membrane-bound	Sell, SelK, SelS, SelT, DIO1 and DIO3
Zn-containing	Sep15, MsrB1, SelW and SelM
POP-containing	GSH-Px1, GSH-Px2, GSH-Px3 and GSH-Px4
Thioredoxin-like fold-containing	GSH-Px1, GSH-Px2, GSH-Px3, GSH-Px4, DIO1, DIO2, DIO3, TrxR3, SelT, SelH, SelW, Sep15, SelM, SelU and SelO
Flavin adenine dinucleotide-interacting	TrxR1, TrxR2 and TrxR

---



# Vitagene Concept

Antioxidant Defences

25 known  
SelenoProteins/2

25 known  
SelenoProteins/2

- AO defence Cell proliferation
- DNA-repair systems Cell differentiation
- Transfer of genetic information Stability of cell membrane
- Stress protein synthesis Stability of intracellular milieu
- Proteosomal function Macromolecular turnover
- Neutralisation and removing toxic chemicals Stress response
- Tissue regeneration and wound healing Hormonal response
- Tumour suppression Immune response
- Cell death and cell replacement Thermoregulation
- Neuronal response



Peter F. Surai

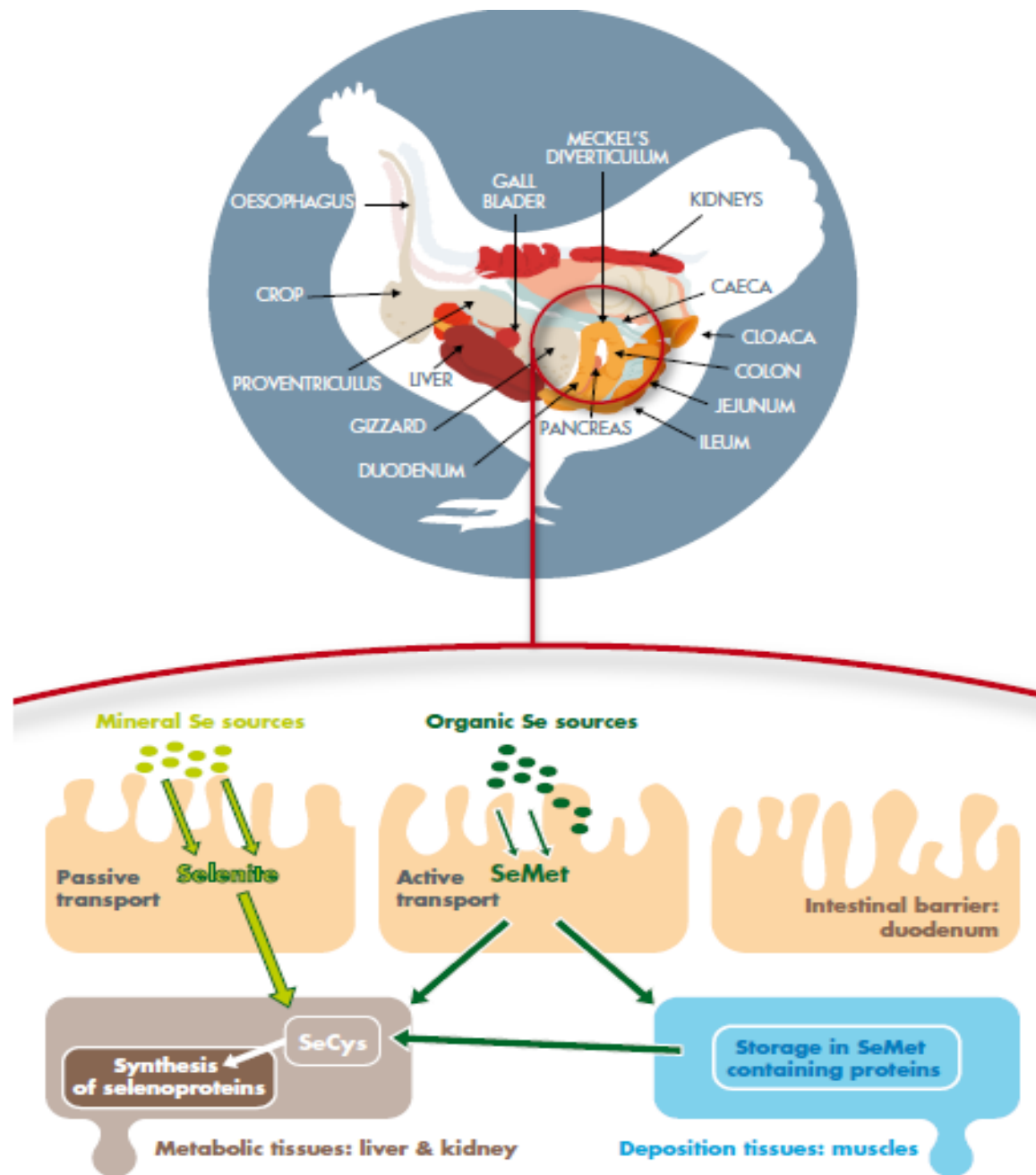
In particular, it was proven in an university-conducted trial that inclusion of anti-stress composition (PerforMax) into the drinking water improved chicken growth and feed conversion ratio (FCR; Fotina *et al.*, 2011, 2014). Using the same anti-stress composition under commercial conditions improved FCR during a 39 day broiler growth trial. The improvement in FCR due to the anti-stress composition during the first three days post-hatch, as well as before and after vaccination was highly significant (Velichko and Surai, 2014; Velichko *et al.*, 2013). The importance and efficacy of the anti-stress composition for rearing birds and adult egg type parent stock (Hy-Line) at one of the biggest egg producing farms in Russia (Borovskaya poultry farm, Tumen region) have been recently reviewed (Shatskich *et al.*, 2015).



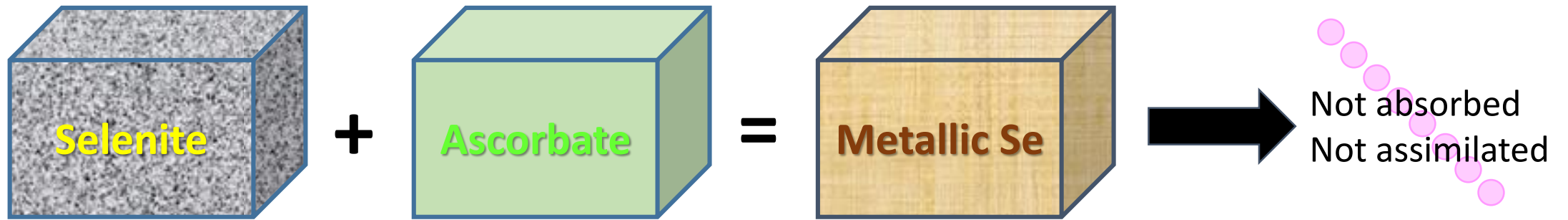
Wageningen Academic  
Publishers

# Selenium absorption and metabolism

- ✓ Chemical form of Se
- ✓ Other dietary components
- ✓ Selenium status
- ✓ Physiological status
- ✓ Species

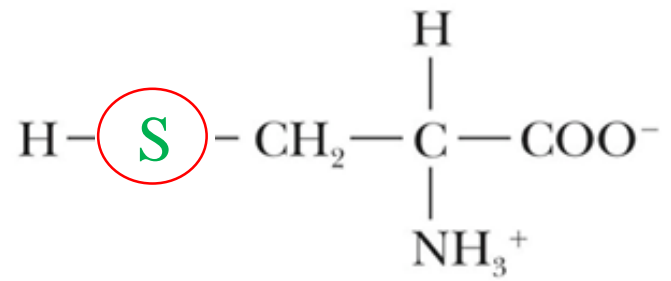




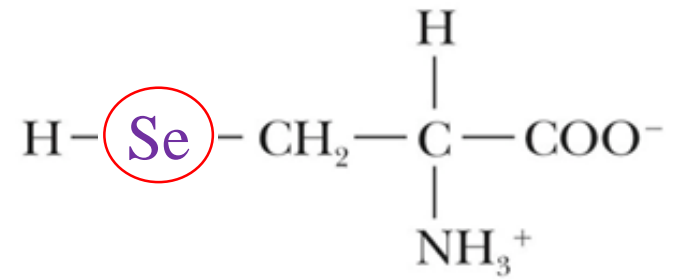




# Synthesis Mechanism of 21st Amino Acid Selenocysteine

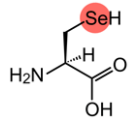


**Cysteine**

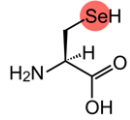


**Selenocysteine**

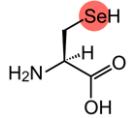
# Key points



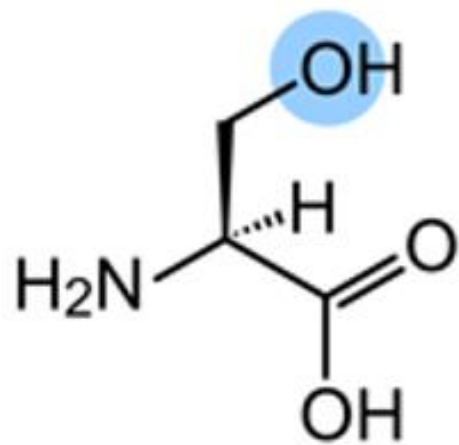
The three-dimensional structure of SelA, the enzyme required for selenocysteine (Sec) synthesis, is determined.



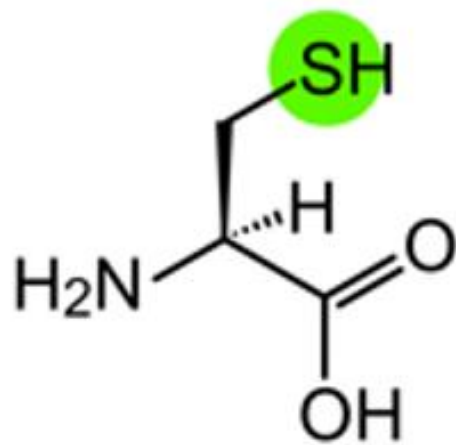
Four subunits of the huge star-shaped protein, SelA, play different roles in Sec synthesis on one tRNA.



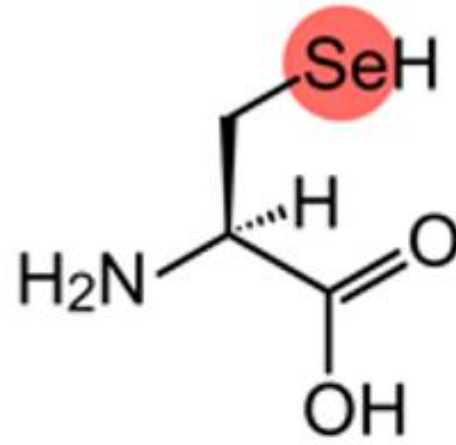
The findings will contribute to the development of super-enzymes by facilitating introduction of selenium (Se) into enzymes.



Serine (Ser)

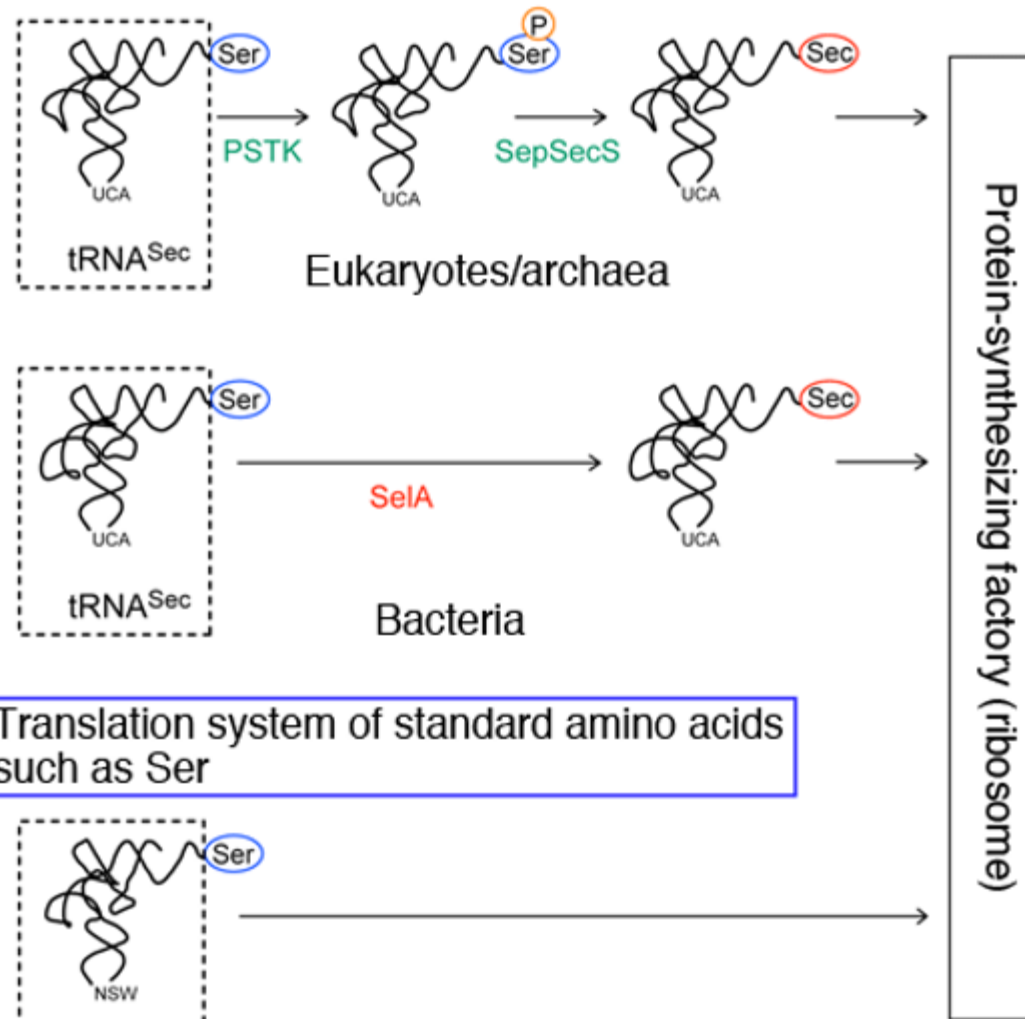


Cysteine (Cys)

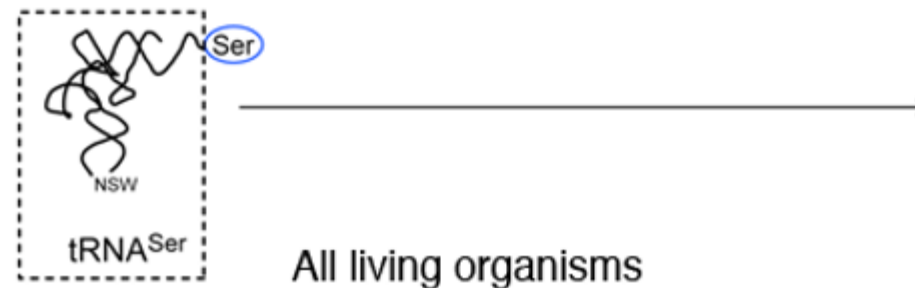


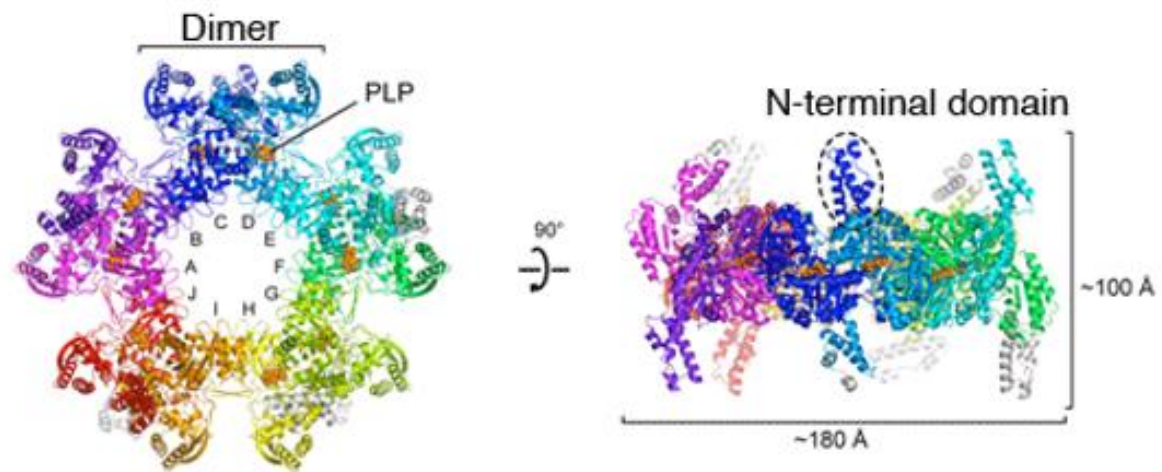
Selenocysteine (Sec)

### Translation system of Sec

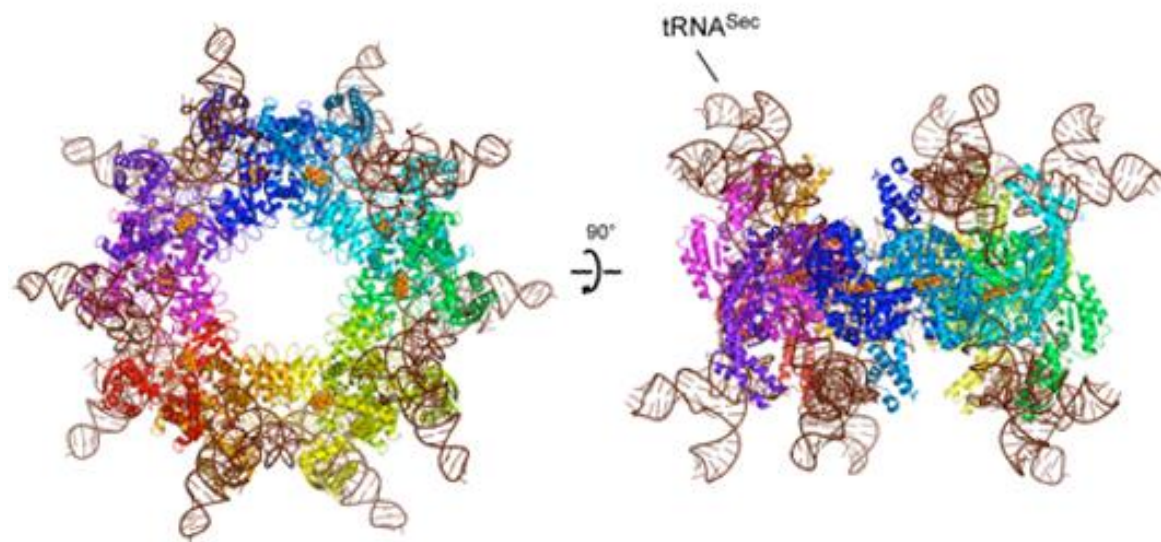


### Translation system of standard amino acids such as Ser



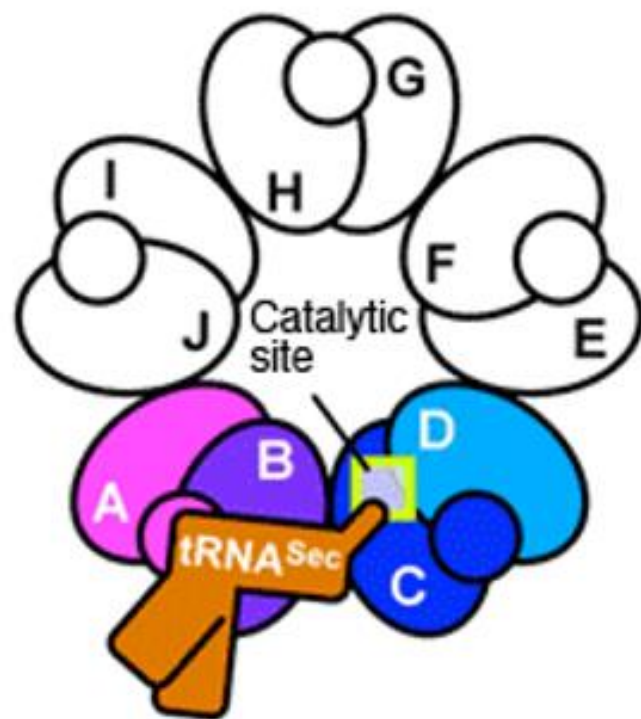
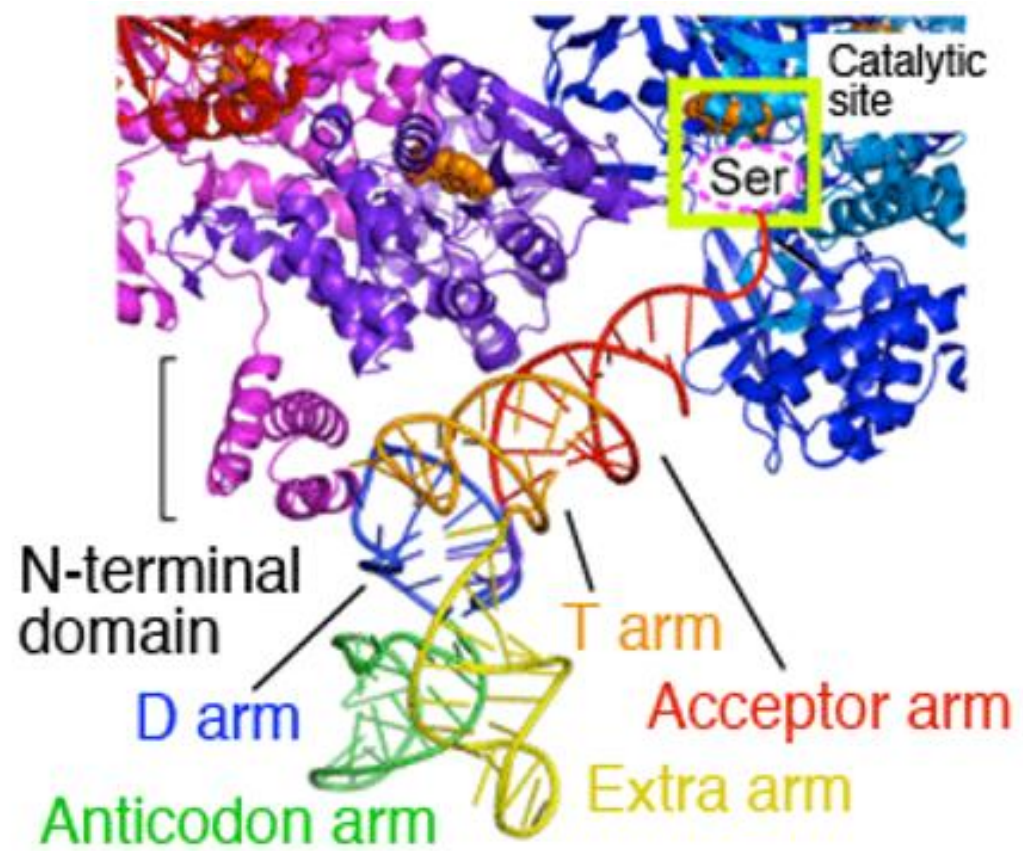


SelA without tRNA<sup>Sec</sup>

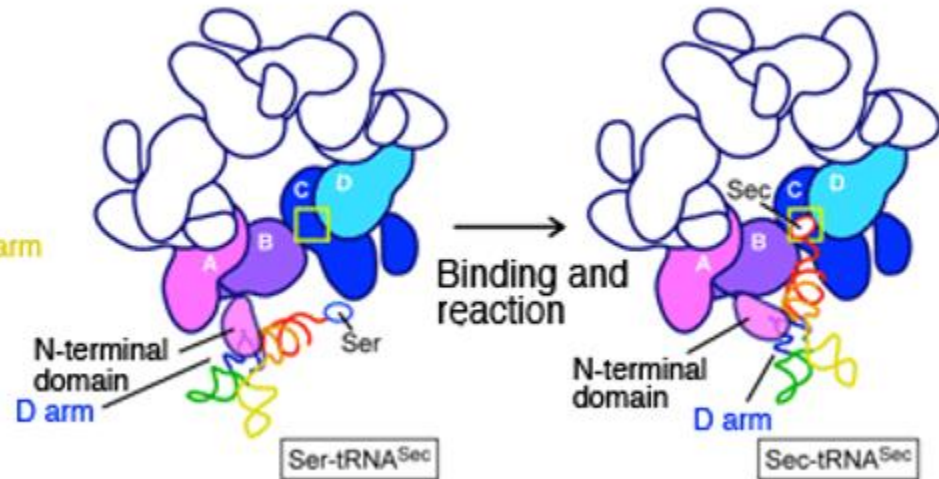
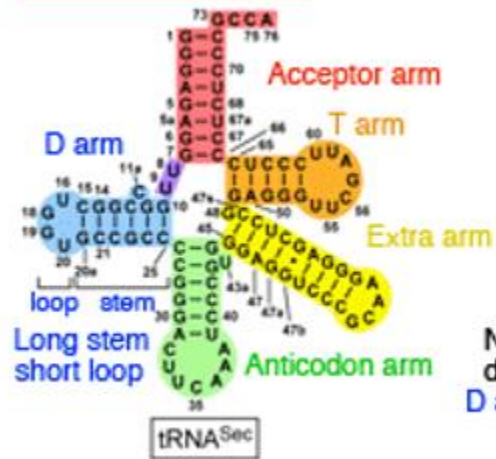


SelA-tRNA<sup>Sec</sup> complex

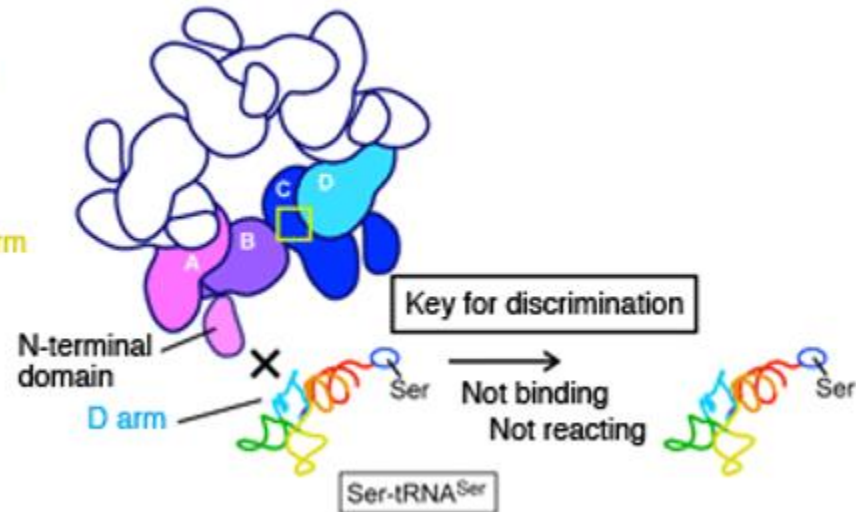
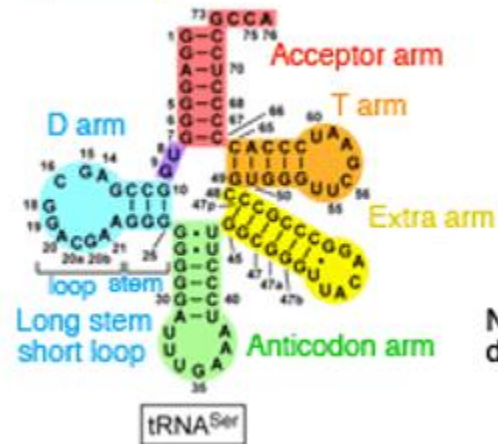




## Selenocysteine

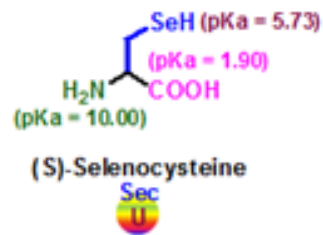


## Serine

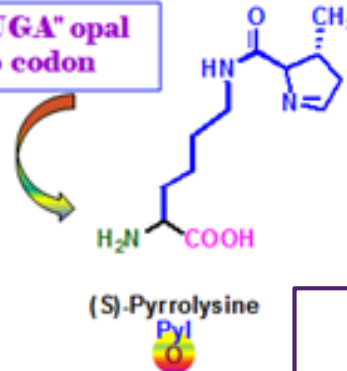


## IV. "Special" 21<sup>st</sup> & 22<sup>nd</sup> Amino Acids

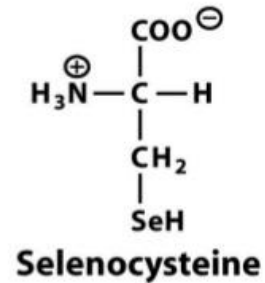
21<sup>st</sup> AA-Codes "UGA" opal  
(or umber) stop codon



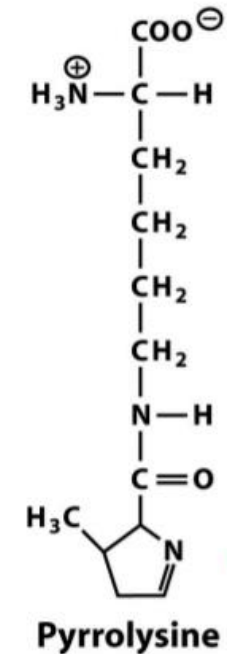
22<sup>nd</sup> AA-Codes "UGA" opal  
(or umber) stop codon



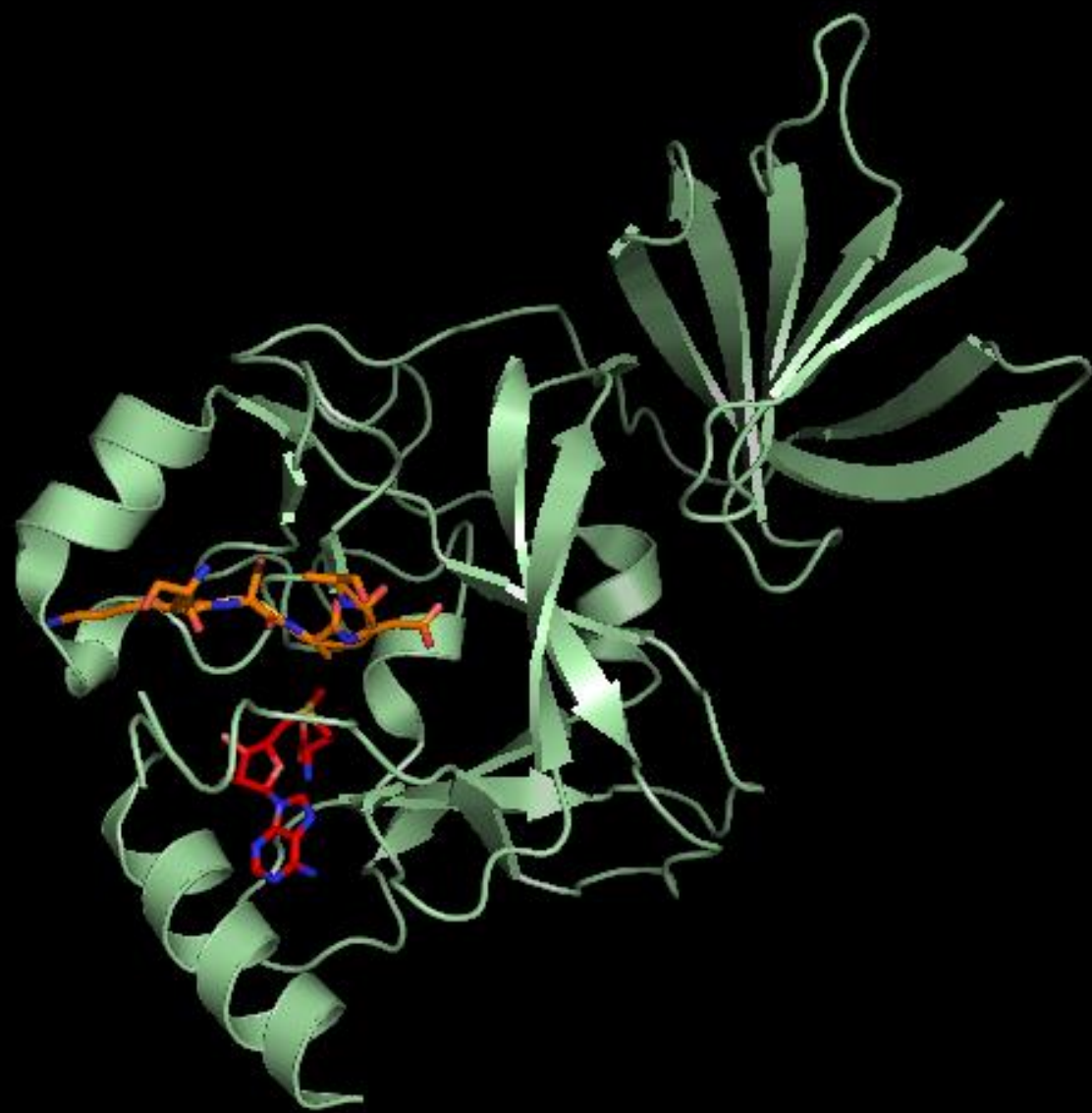
## Other Amino Acids and Amino Acid Derivatives



(21<sup>st</sup> amino acid)



(22<sup>nd</sup> amino acid)



# Chelated Selenium products

Se-glycinates

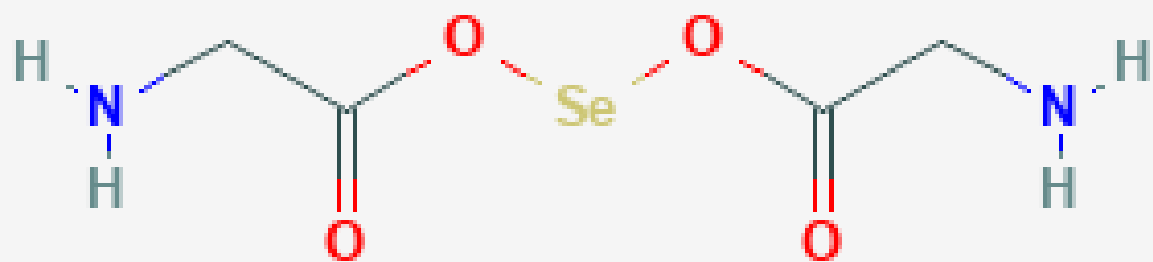
Se-proteinates

Se-amino acids complexes



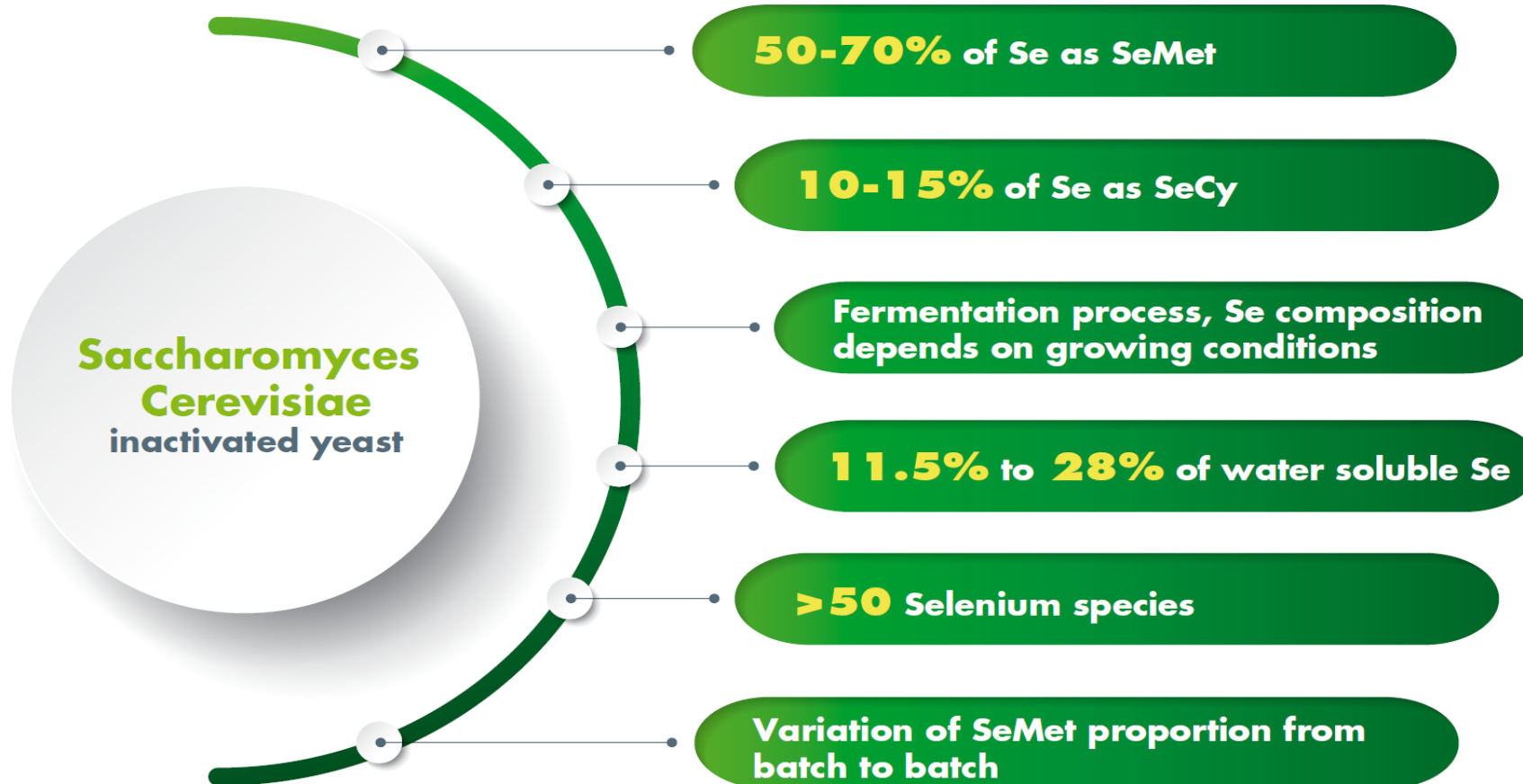
The chemical position of Se in the periodic table of elements indicates that Se is not a true metal, and therefore its chelating ability is in question.

Chelated Se products are not related to SeMet or SeCys and, probably, should not be included into the organic Se category.





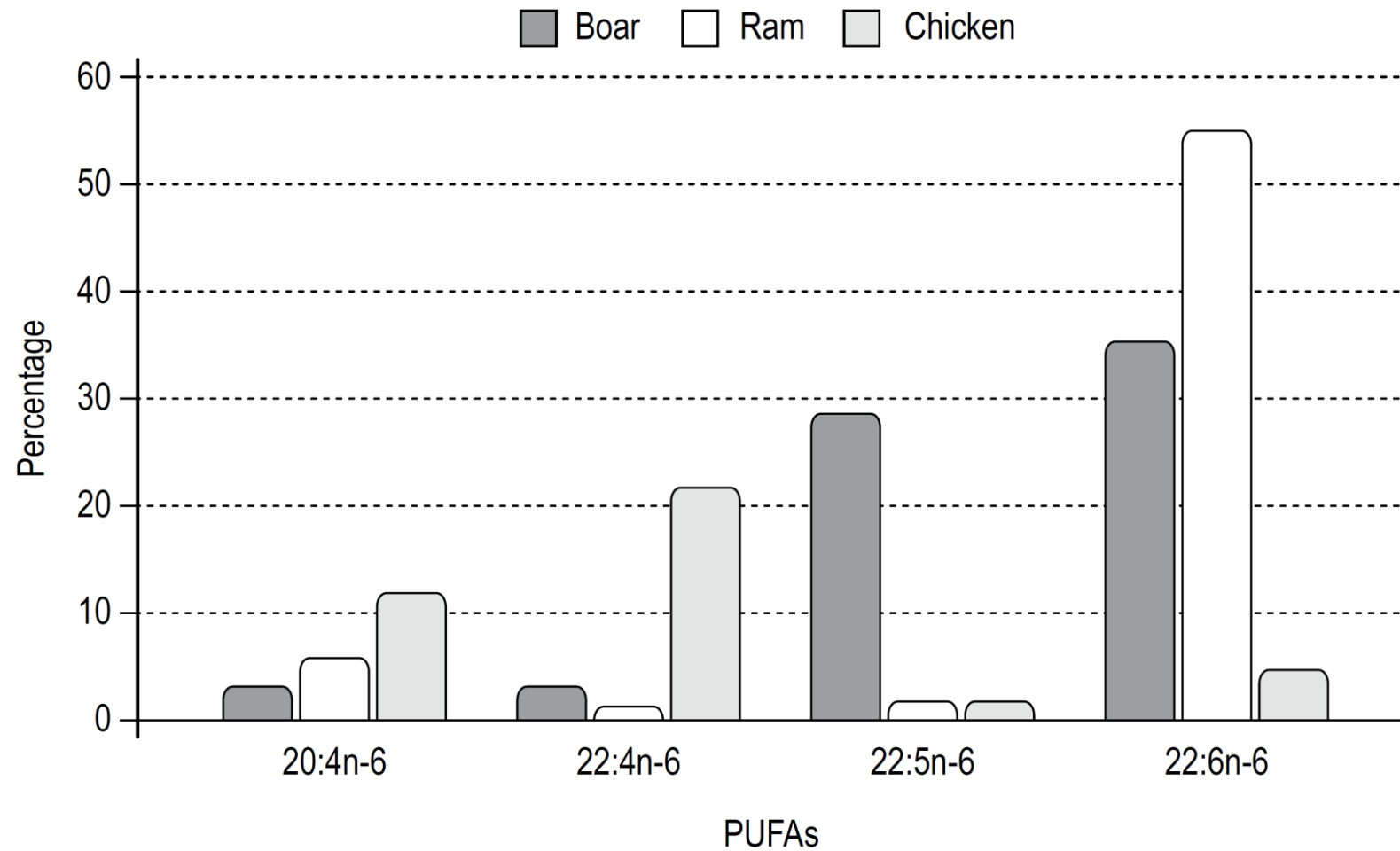
# Selenium-enriched yeast



## The legal definition of Se-yeast is as follows:

Selenium yeast is a **dried, non-viable yeast** (*Saccharomyces cerevisiae*) cultivated in a fed-batch fermentation which provides incremental amounts of **cane molasses** and **selenium salts** in a manner which minimises the detrimental effects of selenium salts on the growth rate of the yeast and allows for optimal incorporation of inorganic selenium into cellular organic material. Residual inorganic selenium is eliminated in a rigorous **washing process** and must not exceed **2%** of the total selenium content in the final selenium yeast product (LII, 2015).





Polyunsaturated fatty acids (PUFAs) in spermatozoa phospholipids, % (adapted from Surai, 2002).  
20:4n-6 = arachidonic acid; 22:4n-6 = docosatetraenoic acid; 22:5n-6 = docosapentaenoic acid; 22:6n = 3 docosahexaenoic acid.





GSH-Px

GSH-Px



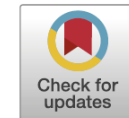
Contents lists available at [ScienceDirect](#)

## Theriogenology

journal homepage: [www.theriojournal.com](http://www.theriojournal.com)



# An improvement in productive and reproductive performance of aged broiler breeder hens by dietary supplementation of organic selenium



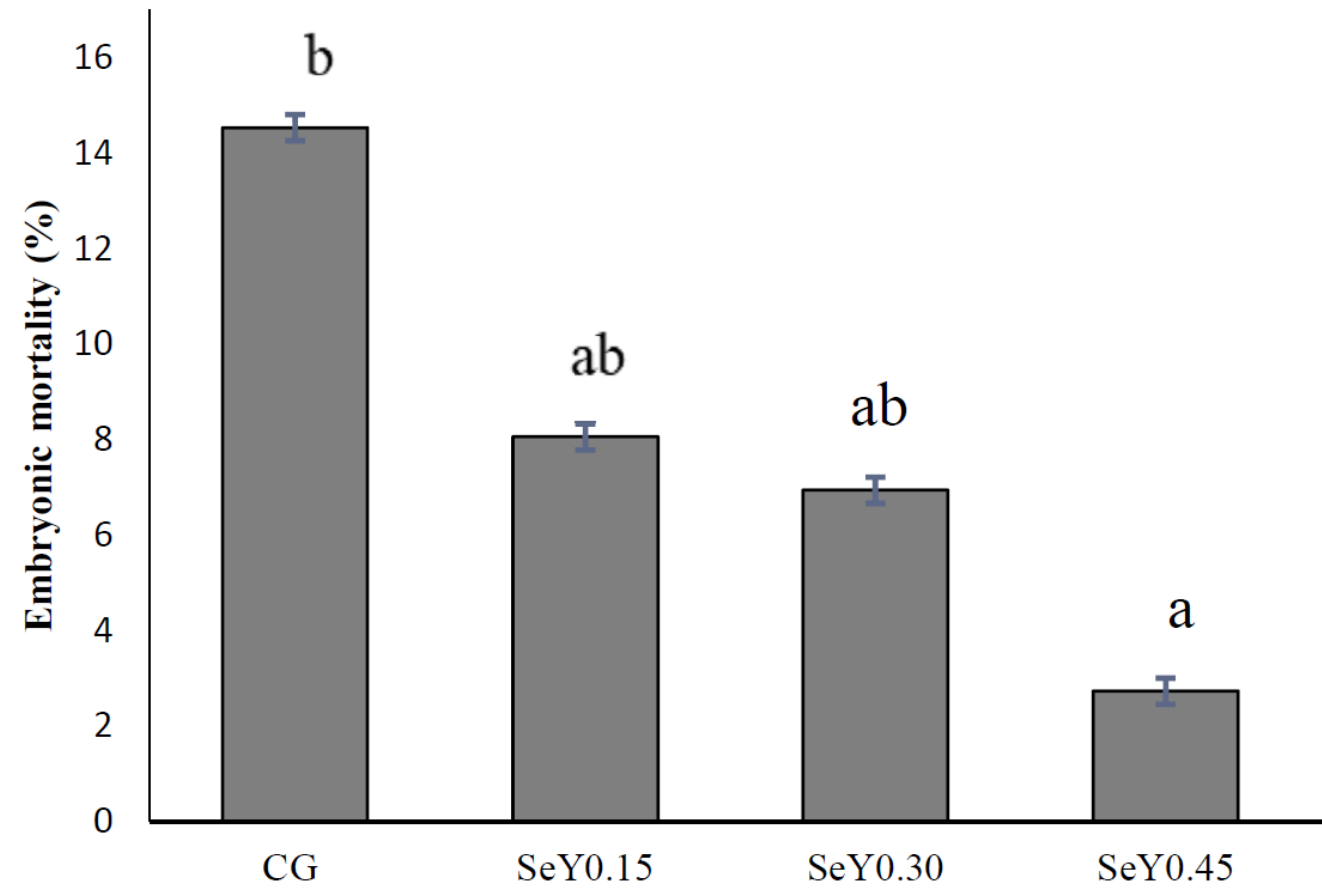
Mojtaba Emamverdi <sup>a</sup>, Ahmad Zare-Shahneh <sup>a,\*</sup>, Mahdi Zhandi <sup>a,\*\*</sup>, Mojtaba Zaghari <sup>a</sup>,  
Dariush Minai-Tehrani <sup>b</sup>, Mahdi Khodaei-Motlagh <sup>c</sup>

<sup>a</sup> Department of Animal Science, College of Agriculture and Natural Resources, University of Tehran, Karaj, 31587-77871, Iran

<sup>b</sup> Faculty of Life Science and Biotechnology, Shahid Beheshti University, Tehran, 16589-53571, Iran

<sup>c</sup> Department of Animal Science, Faculty of Agricultural and Natural Science, University of Arak, Arak, 38156-88349, Iran







*DIET CURES,  
MORE THAN THE LANCET*